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# Delayed diagnosis of extrapulmonary tuberculosis presenting as fever of unknown origin in an intermediate-burden country

Jeong-Han Kim<sup>1,2†</sup>, Eu Suk Kim<sup>2†</sup>, Kang-Il Jun<sup>2</sup>, Hyun gul Jung<sup>2</sup>, Ji Hwan Bang<sup>1,2</sup>, Pyeong Gyun Choe<sup>2</sup>, Wan Beom Park<sup>2</sup> , Kyoung-Ho Song<sup>2</sup>, Hong Bin Kim<sup>2</sup>, Nam Joong Kim<sup>2</sup>, Myoung-don Oh<sup>2</sup> and Sang-Won Park<sup>1,2\*</sup>

## Abstract

**Background:** Tuberculosis (TB), especially extrapulmonary tuberculosis (EPTB), is an important cause of fever of unknown origin (FUO) in TB-burdened areas. Little information is known about patients with EPTB with clinical features presenting as FUO and about the factor of delaying the diagnosis.

**Methods:** We retrospectively analyzed EPTB patients who were referred with FUO at 3 university-affiliated hospitals over 8 years (2010–2017). The subjects were assigned to groups of early diagnosis and delayed diagnosis within 3 days of an initial comprehensive evaluation from the referral. Clinical and laboratory variables were compared between the groups.

**Results:** A total of 95 patients with febrile EPTB were included. Localizing symptoms and/or signs suggestive of anatomy were identified in 62.1% of the patients. Concurrent lung involvement by TB was presented by 49.5% (47/95) of the patients, and only 23.4% of them showed typical findings of pulmonary TB on simple chest X-ray. Most of the patients showed abnormal lesions on cross-sectional CT (98.9%) and MRI (100%). The clinical variables and blood test results of patients were not significantly different between the two groups. The less typical imaging finding of EPTB on CT (38.5% vs. 79.0%) and MRI (37.5% vs. 79.0%) in the delayed diagnosis group was a risk factor for delayed diagnosis.

**Conclusion:** Febrile EPTB referred as FUO showed nonspecific clinical manifestations. The active application of cross-sectional imaging tests according to clinical clues or randomly in the absence of local manifestations, combined with invasive diagnostic approaches even for atypical presentations may lead to an earlier diagnosis of febrile EPTB.

**Keywords:** Extrapulmonary tuberculosis, Fever of unknown origin, FUO, Imaging study

## Background

Fever of unknown origin (FUO) has been a challenging medical condition, even for infectious diseases specialists. As the rapid diagnosis of FUO is highly dependent on the expertise of medical staffs in charge and the technological support, the definition of FUO may be a matter of relativity. An increased awareness of common causes of FUO and advances in diagnostic assays has

made the diagnosis of FUO easier than before [1–3]. However, infectious diseases still remain a top priority for FUO, and tuberculosis (TB) is one of the highly prevalent infectious diseases worldwide [2–4].

In South Korea, a country with an intermediate TB burden, TB is one of the differential diseases regularly considered in the evaluation of FUO. The proportion of TB in the final diagnosis of FUO was 19–27% in the 1990s, and this decreased to 8–11% in the 2000s, which still indicates TB as an important cause of FUO [5–8].

TB has a wide spectrum of clinical manifestations and consists of 80–85% pulmonary TB (PTB) and 15–20% extrapulmonary TB (EPTB) [9, 10]. Fever is one of the

\* Correspondence: [hswon1@snu.ac.kr](mailto:hswon1@snu.ac.kr)

† Jeong-Han Kim and Eu Suk Kim contributed equally to this work.

<sup>1</sup>Department of Internal Medicine, Boramae Medical Center, 20, Boramae-ro 5-gil, Dongjak-gu, Seoul 07061, South Korea

<sup>2</sup>Department of Internal Medicine, Seoul National University College of Medicine, Seoul, Republic of Korea



main manifestations in TB patients, present in 60–85% of PTB cases and 30–55% of EPTB cases [11–13]. PTB can be easily suspected by typical presentations, such as persistent cough, fever, weight loss and abnormal chest X-ray findings. However, cases of EPTB tend to present with atypical manifestations, which make it difficult to be suspected. In addition, EPTB frequently involves anatomical sites that are not easily accessible and require invasive procedures for diagnostic confirmation. For these reasons, EPTB is one of the differential diagnoses of FUO. However, little information is available about the clinical features of EPTB presenting as FUO and the reason why its diagnosis is delayed. As TB is a global problem, the characterization of EPTB presenting as FUO may be helpful for many clinicians.

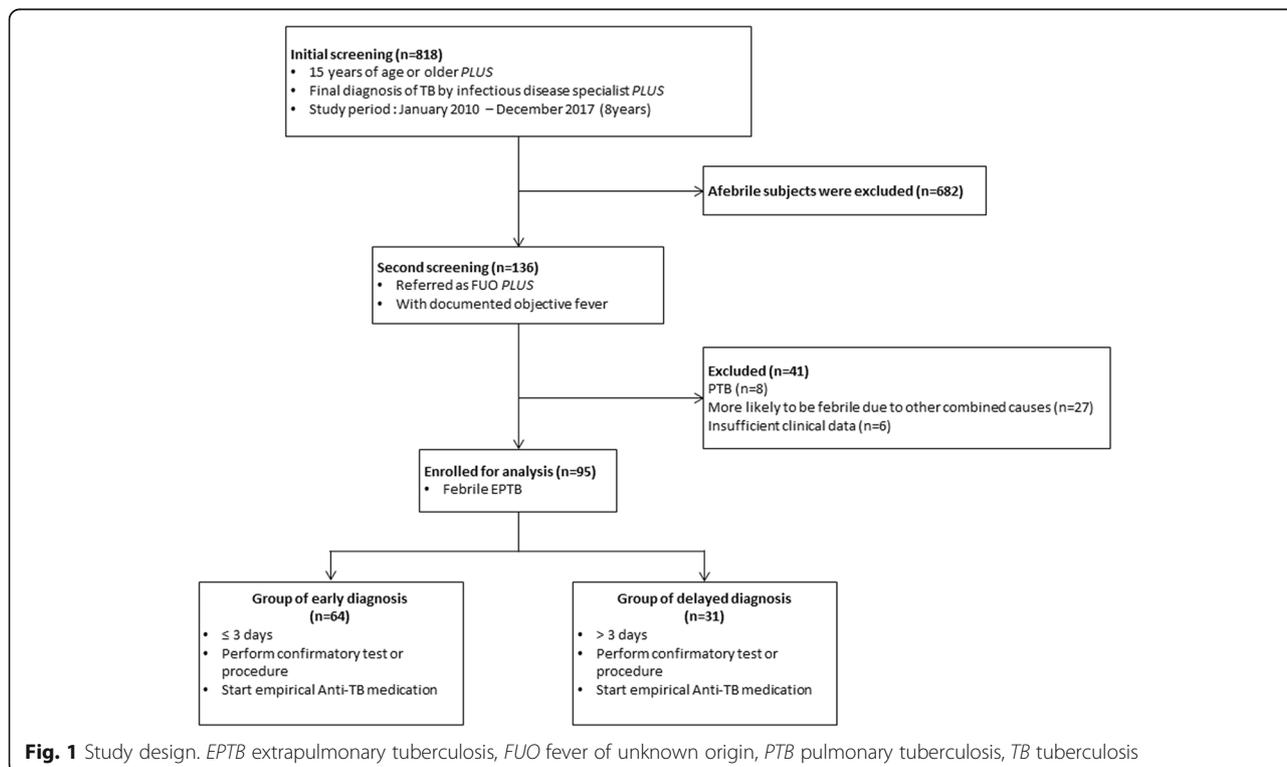
**Methods**

**Subjects and study design**

This retrospective case-series analysis was conducted at 3 Seoul National University (SNU)-affiliated hospitals (Boramae Medical Center, SNU Hospital and SNU Bundang Hospital). All patients who were ≥15 years old and had a final diagnosis of TB by infectious disease specialists during an 8-year period (2010–2017) were screened. Among them, febrile patients who were referred as having FUO and were confirmed to have objective fever at the time of referral were selected. PTB or patients who were estimated to have other causes of fever, such as

concurrent other infections, drug-related fever or noninfectious diseases were excluded. Hence, only patients with febrile EPTB were included in the analysis (Fig. 1). Objective fever was defined as the highest daily body temperature ≥ 37.8 °C measured at the axilla [14]. The subjects were divided into groups of early and delayed diagnoses of EPTB according to the Durack and Street criteria for classic FUO (Fig. 1). Delayed diagnosis was defined as the failure to determine a proper diagnosis after 3 days of a comprehensive evaluation, including complete blood count, chemistry, urinalysis, cultures of blood and urine, simple chest X-ray, and abdominal computed tomography (CT) scan or ultrasonography [3, 15–17]. The early diagnosis group included patients who were diagnosed with EPTB ≤3 days from the initial FUO evaluation. The delayed diagnosis group included patients who were diagnosed with EPTB > 3 days from the initial FUO evaluation. The time of diagnosis was defined as the time of performing confirmatory tests or procedures or the time of starting empirical anti-TB drugs by clinical decision.

Clinical information of the subjects was collected via electronic medical records (EMR). We collected demographic variables, previous history of TB and comorbidities, including diabetes mellitus, hypertension, chronic kidney disease (estimated glomerular filtration rate by the Modification of Diet in Renal Disease formula: < 60 mL/min/1.73 m<sup>2</sup>), heart failure, hepatitis or cirrhosis of any



**Fig. 1** Study design. EPTB extrapulmonary tuberculosis, FUO fever of unknown origin, PTB pulmonary tuberculosis, TB tuberculosis

cause, chronic obstructive lung disease, cerebrovascular accident with residual sequelae, solid organ malignancy, hematologic malignancy, autoimmune disease, solid organ transplantation and human immunodeficiency virus (HIV) infection. The information about the diagnosis and treatment of TB was included, such as the presence of localizing symptoms and signs that suggested infection or inflammation of a specific site, dates of variables, anatomic site of infection, laboratory test results, performance of radiologic and microbiologic tests, and clinical response to anti-TB medication.

### Definition of terms

Based on the composite reference standard, the diagnosis of TB was categorized into 3 groups: definite, probable and possible TB [18, 19]. Definite TB was defined as being culture-positive for *Mycobacterium tuberculosis* (MTB) or positive for both smear for acid-fast bacilli (AFB) and MTB-polymerase chain reaction (PCR) without culture results. Probable TB was defined as being negative for MTB culture but having clinical symptoms and radiologic findings suggestive of TB plus histologic or cytologic findings suggestive of TB (for example, granuloma with caseating necrosis in tissue, lymphocyte-dominant pleural effusion and ascites with high adenosine deaminase, lymphocyte-dominant high leukocyte count and increased protein/low glucose level in cerebrospinal fluid) or positive for AFB smear or positive for MTB-PCR. Possible TB was defined as being negative for MTB culture and other microbiologic tests but having clinical signs and/or symptoms suggestive of TB improved by empirical anti-TB medication. The treatment outcome was categorized into 4 groups according to the revised World Health Organization guidelines: success, failure, death and default [20]. TB involving the lungs or tracheobronchial tree was classified as PTB [21]. Involvement of any extrapulmonary site (for example, the peritoneum, lymph nodes, genitourinary tract, bone and joint, pleura, liver, bone marrow or meninges) was classified as EPTB. When EPTB and PTB concurrently existed, it was classified as EPTB [10, 13, 22]. Disseminated TB was defined as involvement of  $\geq 2$  noncontiguous sites and included miliary TB, bacteremic TB and the involvement of the liver or bone marrow [23]. A typical TB image finding was defined as a lesion for which TB could be suspected first depending on each anatomical site by radiologists [24].

### Statistical analysis

Continuous variables were compared using Student's t-test, and categorical variables were compared using Pearson's chi-square test or Fisher's exact test. All tests of significance were 2-tailed, and  $p < 0.05$  was considered significant. Statistical analyses were performed with STATA, version 12.0 (StataCorp LP, College Station, TX, USA).

## Results

### Baseline characteristics

A total of 95 patients with febrile EPTB were included. Fifty-three (55.8%) of the patients were male, and the median age was 56 (range: 15–88) years. Approximately half of the patients (47.4%) did not have any underlying comorbidities. The common comorbid diseases were hypertension (26.3%), diabetes mellitus (19.0%) and chronic kidney disease (19.0%). The median time of diagnosis after referral was 2 days (interquartile range: 1–5 days). Positive results of AFB smear and MTB-PCR or histologic/cytologic findings obtained from pulmonary or extrapulmonary specimens were the most common indications for initiation of TB treatment (82.1%), followed by a clinical decision (possible TB) (15.8%) and positivity by MTB culture (2.1%) (Table 1). The indirect drug susceptibility test was performed on 94 of 98 positive culture isolates, and 2 (2.0%) of them showed drug resistance: one with resistance to rifampin and quinolone ( $n = 1$ ) and the other with resistance to streptomycin, ethambutol and p-amino-salicylic acid ( $n = 1$ ).

### Clinical findings

The clinical findings for febrile EPTB patients are shown in Table 2. Localizing symptoms and/or signs suggestive of diagnostic clues could be identified in 62.1% (59/95) of the patients. The common locations were bones and joints ( $n = 18$ ), the cardiorespiratory system ( $n = 15$ ) and the abdomen ( $n = 12$ ). Anemia, leukocytosis, thrombocytopenia and thrombocytosis were observed in 64.2%, 22.1%, 14.7% and 12.6% of the patients, respectively. The mean value of C-reactive protein (CRP) was 10.2 mg/dL (range: 0.82–30.1 mg/dL).

Concurrent pulmonary involvement of TB was observed in 47 patients (49.5%), and only 23.4% (11/47) of them showed typical findings of pulmonary TB on simple chest X-ray. Atypical imaging findings were more common in the delayed diagnosis group ( $p = 0.014$ ). Atypical cases needed additional diagnostic tests such as chest CT scan, bronchoscopy and sputum culture to suspect TB, in addition to the evaluation of EPTB for the final diagnosis.

CT scans for EPTB prompted by local manifestations or routine evaluation were performed in 88 patients and showed abnormal focal lesions requiring further investigations to obtain diagnostic samples in 87 patients (98.9%). The common anatomic lesions identified on CT scan were as follows: miliary lung nodules ( $n = 22$ ), mediastinal lymphadenopathy ( $n = 19$ ), peritoneum and/or ascites ( $n = 17$ ), lung parenchymal lesion ( $n = 15$ ), intraabdominal lymphadenopathy ( $n = 13$ ), liver and/or spleen ( $n = 12$ ), pleura ( $n = 7$ ) and paravertebral abscess ( $n = 7$ ). Typical CT findings suggestive of TB were observed in 60 patients (68.2%). Magnetic resonance imaging (MRI) was performed in 27 patients and showed abnormal focal lesions, which consisted of musculoskeletal ( $n = 23$ ) and brain ( $n = 7$ )

**Table 1** Baseline characteristics of febrile extrapulmonary tuberculosis patients referred with fever of unknown origin

| Variables  | Total (n = 95)                                     | Group of early diagnosis (n = 64) | Group of delayed diagnosis (n = 31) | p-value   |       |
|--|--|-----------------------------------|-------------------------------------|-----------|-------|
| Median age, years (range)  | 56 (15–88)   | 51 (18–81)                        | 64 (15–88)                          | 0.128     |       |
| Male sex, n (%)  | 53 (55.8)  | 37 (57.8)                         | 16 (51.6)                           | 0.568     |       |
| Previous history of TB, n (%)  | 7 (7.4)  | 4 (6.3)                           | 3 (9.7)                             | 0.549     |       |
| Comorbidity, n (%)   | None   | 45 (47.4)                         | 33 (51.6)                           | 0.239     |       |
|  | Diabetes mellitus                                  | 18 (19.0)                         | 8 (12.5)                            | 10 (32.3) | 0.021 |
|  | Hypertension                                       | 25 (26.3)                         | 13 (20.3)                           | 12 (38.7) | 0.056 |
|  | Chronic kidney disease                             | 18 (19.0)                         | 9 (14.1)                            | 9 (29.0)  | 0.081 |
|  | Heart failure                                      | 9 (9.5)                           | 4 (6.3)                             | 5 (16.1)  | 0.123 |
|  | Chronic liver disease                              | 3 (3.2)                           | 3 (4.7)                             | 0         | 0.548 |
|  | Chronic obstructive lung disease                   | 1 (1.1)                           | 0                                   | 1 (3.2)   | 0.326 |
|  | CVA with residual sequelae                         | 9 (9.5)                           | 5 (7.8)                             | 4 (12.9)  | 0.467 |
|  | Solid organ malignancy                             | 2 (2.1)                           | 2 (3.1)                             | 0         | 1.000 |
|  | Hematologic malignancy                             | 5 (5.3)                           | 2 (3.1)                             | 3 (9.7)   | 0.326 |
|  | Autoimmune disease                                 | 6 (6.3)                           | 5 (7.8)                             | 1 (3.2)   | 0.660 |
|  | Solid organ transplantation                        | 2 (2.1)                           | 2 (3.1)                             | 0         | 1.000 |
|  | HIV-infected                                       | 4 (4.2)                           | 3 (4.7)                             | 1 (3.2)   | 1.000 |
|  | Median fever duration before admission, days (IQR) | 11 (0–29)                         | 12.5 (0–25.5)                       | 8 (0–31)  | 0.178 |
| Median duration from admission to diagnosis, days (IQR)                        | 2 (1–5)  | 1 (0–2)                           | 8 (5–11)                            | <0.001    |       |
| Median duration from anti-TB medication to the resolution of fever, days (IQR) | 3 (2–5)  | 2 (2–11)                          | 3 (2–4)                             | 0.199     |       |
| Median length of hospital stay, days (IQR)                                     | 14 (9–24)  | 12 (7–22)                         | 21 (15–32)                          | 0.037     |       |
| Indication for the start of anti-TB medication, n (%)                          | MTB culture  | 2 (2.1)                           | 2 (3.1)                             | 0         | 0.695 |
|  | AFB smear, MTB-PCR, histopathology/cytology        | 78 (82.1)                         | 51 (79.7)                           | 27 (87.1) |       |
|  | Clinical decision                                  | 15 (15.8)                         | 11 (17.2)                           | 4 (12.9)  |       |
| Final diagnosis, n (%)   | Definite TB  | 68 (71.6)                         | 49 (76.6)                           | 19 (61.3) | 0.271 |
|  | Probable TB  | 23 (24.2)                         | 13 (20.3)                           | 10 (32.2) |       |
|  | Possible TB  | 4 (4.2)                           | 2 (3.1)                             | 2 (6.5)   |       |
| Treatment outcome, n (%)   | Success  | 78 (82.1)                         | 52 (81.3)                           | 26 (83.9) | 1.000 |
|  | Failure  | 0                                 | 0                                   | 0         |       |
|  | Death  | 4 (4.2)                           | 3 (4.7)                             | 1 (3.2)   |       |
|  | Default  | 13 (13.7)                         | 9 (14.0)                            | 4 (12.9)  |       |

Abbreviations: *AFB* acid-fast bacilli, *CVA* cerebrovascular accident, *EPTB* extrapulmonary tuberculosis, *HIV* human immunodeficiency virus, *IQR* interquartile range, *PTB* pulmonary tuberculosis, *TB* tuberculosis

locations in all patients. The common anatomic lesions identified on MRI scan were those of the thoracic or lumbar spine ( $n = 16$ ), brain parenchyma ( $n = 5$ ) and peripheral joint ( $n = 3$ ). Typical MRI findings suggestive of TB were observed in 18 patients (66.7%). Fluorodeoxyglucose positron emission tomography (PFT)-CT was performed in 6 patients and showed hypermetabolic lesions suggesting active inflammation in all 6 patients. Focal lesions identified on CT scan and hypermetabolic lesions found on PET-CT were matched in 6 patients, and PET-CT additionally showed abnormal focal lesions that were not identified on CT scan in 2 patients.

#### Features of early diagnosis group versus those of delayed diagnosis group

Among the 95 patients, 31 (32.6%) patients were classified into the group of delayed diagnosis, and the remaining 64 (67.4%) patients were classified into the group of early diagnosis. The proportion of localizing symptoms/signs was not significantly different between the two groups. The common anatomical locations of TB in the group of delayed diagnosis were disseminated infection ( $n = 9$ , 29.0%), miliary infection ( $n = 7$ , 22.6%), bone and joint infection ( $n = 3$ , 9.8%), mediastinal lymphadenopathy ( $n = 2$ , 6.4%), intraabdominal lymphadenopathy ( $n = 2$ , 6.4%), peripheral

**Table 2** Clinical findings of febrile extrapulmonary tuberculosis patients referred with fever of unknown origin

| Variables                               | Detail                            | Total (n = 95) | Group of early diagnosis (n = 64) | Group of delayed diagnosis (n = 31) | P-value |
|---|-----------------------------------|----------------|-----------------------------------|-------------------------------------|---------|
| Localizing signs and/or symptoms, n (%) |                                   | 59 (62.1)      | 42 (65.6)                         | 17 (54.8)                           | 0.310   |
| Hematology                              | Hemoglobin (g/dL)                 | 11.6 ± 2.1     | 11.9 ± 2.0                        | 11.0 ± 2.4                          | 0.050   |
|   | WBC (×1000/mm <sup>3</sup> )      | 7.7 ± 4.4      | 7.2 ± 3.6                         | 8.7 ± 5.7                           | 0.110   |
|   | Platelet (×1000/mm <sup>3</sup> ) | 259 ± 124      | 265 ± 123                         | 247 ± 126                           | 0.529   |
| Chemistry                               | CRP (mg/dL)                       | 10.2 ± 6.5     | 10.7 ± 6.9                        | 9.0 ± 5.6                           | 0.218   |
|   | Albumin (g/dL)                    | 3.3 ± 0.5      | 3.3 ± 0.5                         | 3.3 ± 0.5                           | 0.889   |
|   | Alkaline phosphatase (IU/L)       | 143.2 ± 148.6  | 141.8 ± 169.5                     | 145.9 ± 93.8                        | 0.901   |
| Lung involvement                        |                                   | 47 (49.5)      | 34 (53.1)                         | 13 (41.9)                           | 0.306   |
| Typical presentation of chest X-ray     |                                   | 11 (23.4)      | 11 (32.3)                         | 0                                   | 0.014   |
| Abnormal finding on CT scan             |                                   | 87/88 (98.9)   | 62/62 (100)                       | 25/26 (95.2)                        |         |
| Typical imaging findings of TB          |                                   | 60/88 (68.2)   | 49/62 (79.0)                      | 11/26 (42.3)                        | <0.001  |
| Anatomical distribution <sup>a</sup>    |                                   |                |                                   |                                     |         |
|   | Abdominopelvic region             | 34/52 (65.4)   | 26/34 (76.5)                      | 8/18 (44.4)                         |         |
|   | Chest                             | 37/56 (66.1)   | 32/41 (78.0)                      | 5/15 (33.3)                         |         |
|   | Neck                              | 3/5 (60.0)     | 2/3 (66.7)                        | 1/2 (50.0)                          |         |
| Abnormal finding on MRI                 |                                   | 27/27 (100)    | 19/19 (100)                       | 8/8 (100)                           |         |
| Typical imaging findings of TB          |                                   | 18/27 (66.7)   | 15/19 (79.0)                      | 3/8 (37.5)                          | 0.037   |
| Anatomical distribution <sup>a</sup>    |                                   |                |                                   |                                     |         |
|   | Musculoskeletal                   | 12/21 (57.1)   | 10/14 (71.4)                      | 2/7 (28.6)                          |         |
|   | Brain                             | 7/7 (100)      | 6/6 (100)                         | 1/1 (100)                           |         |
| Abnormal finding on PET-CT              |                                   | 6/6 (100)      | 1/1 (100)                         | 5/5 (100)                           |         |

All values are the mean ± standard deviation or number (%), except where indicated otherwise

<sup>a</sup>The numbers of the typical imaging findings of TB (a) among cases in each anatomical distribution (b) were presented as 'a/b (percentage)'

Abbreviations: *CRP* C-reactive protein, *CT* computed tomography, *MRI* magnetic resonance imaging, *PET-CT* positron emission tomography-computed tomography, *WBC* white blood cell

lymphadenopathy (n = 2, 6.4%) and peritonitis (n = 2, 6.4%). In the group of early diagnosis, the common anatomic locations were disseminated infection (n = 22, 34.3%), miliary infection (n = 21, 32.7%), peritonitis (n = 8, 12.5%), bone and joint infection (n = 3, 4.7%), pleurisy (n = 3, 4.7%) and mediastinal lymphadenopathy (n = 2, 3.1%). The anatomic distribution was also not significantly different between the two groups.

The epidemiological feature and results of laboratory blood tests were not significantly different between the two groups, except for diabetes mellitus (12.5% vs. 32.3%,  $p = 0.021$ ) (Table 1 and Table 2). Length of hospitalization was longer in the group of delayed diagnosis (median: 21 days,  $p = 0.037$ ). Patients in the group of delayed diagnosis showed less typical imaging findings suggestive of TB on CT scan (42.3% vs. 79.0%,  $P < 0.001$ ) and MRI (37.5% vs. 79.0%,  $p = 0.037$ ) than those in the group of early diagnosis (Table 2). The performance results of TB diagnostic assays using various clinical specimens were not significantly different between the two groups, and the performance was highest with the histologic or cytologic method (72.7% vs. 71.7%) and lowest

with the AFB smear (15.2% vs. 23.0%). However, MTB culture positivity was marginally lower in the group of delayed diagnosis than in the group of early diagnosis (59.3% vs. 75.6%) (Table 3).

## Discussion

Our research question was why the diagnosis of EPTB referred as alleged FUO was difficult and how we could better diagnose EPTB presenting as FUO. Although South Korea is an intermediate TB-burdened country and doctors have many chances to care for EPTB patients, it is not uncommon that they misdiagnose febrile EPTB. In contrast to PTB, which manifests critical clues, such as respiratory symptoms or typical findings on chest X-ray, the diagnosis of EPTB depends on a high index of suspicion. Delay of the proper diagnosis may have a negative impact on the prognosis of individual treatment and can cause confusion in the differential diagnosis. Although the proportion of EPTB is relatively low, it remains steady not only in South Korea but also in areas with a low TB prevalence [21, 25].

**Table 3** Comparison of performances of diagnostic tests in tissues and clinical samples

| Specimen type            | No. (%) of positive specimens |              |                        |              |                            |              |                        |              |
|--------------------------|-------------------------------|--------------|------------------------|--------------|----------------------------|--------------|------------------------|--------------|
|                          | Group of early diagnosis      |              |                        |              | Group of delayed diagnosis |              |                        |              |
|                          | AFB smear                     | MTB-PCR      | Histology/<br>cytology | MTB culture  | AFB smear                  | MTB-PCR      | Histology/<br>cytology | MTB culture  |
| Tissue                   |                               |              |                        |              |                            |              |                        |              |
| Lymph node, cervical     | 2/5                           | 4/5          | 4/5                    | 2/4          | 0/4                        | 3/4          | 3/3                    | 2/2          |
| Lymph node, non-cervical | 2/7                           | 5/7          | 7/7                    | 3/4          | 2/5                        | 4/5          | 4/5                    | 0/3          |
| Bone                     | 2/9                           | 8/9          | 5/8                    | 8/9          | 0/4                        | 2/4          | 2/4                    | 3/4          |
| Omentum                  | 1/7                           | 5/7          | 5/7                    | 2/5          | 0/4                        | 3/4          | 4/4                    |              |
| Liver/spleen/bone marrow | 0/4                           | 2/4          | 1/3                    | 2/4          | 3/8                        | 6/8          | 5/7                    | 0/3          |
| Other soft tissue        | 5/7                           | 6/7          | 4/7                    | 4/5          | 2/3                        | 3/3          | 2/3                    | 2/2          |
| Clinical samples         |                               |              |                        |              |                            |              |                        |              |
| Sputum                   | 9/26                          | 8/18         |                        | 26/26        | 0/10                       | 3/5          |                        | 10/10        |
| Bronchoscopic specimens  | 1/4                           | 3/4          |                        | 4/4          |                            |              |                        |              |
| CSF                      | 0/4                           | 1/4          | 0/4                    | 2/4          | 0/2                        | 1/2          | 0/2                    | 1/2          |
| Pleural fluid            | 0/7                           | 1/7          | 6/7                    | 2/7          | 0/2                        | 0/2          | 2/2                    | 0/2          |
| Ascites                  | 0/12                          | 3/12         | 11/12                  | 6/11         | 0/2                        | 0/2          | 2/2                    | 0/2          |
| Other fluid              | 1/8                           | 7/7          |                        | 7/7          | 0/2                        | 1/2          | 0/2                    | 1/2          |
| Total                    | 23/100 (23.0)                 | 53/91 (58.2) | 43/60 (71.7)           | 68/90 (75.6) | 7/46 (15.2)                | 26/41 (63.4) | 24/33 (72.7)           | 19/32 (59.3) |

Abbreviations: AFB acid-fast bacilli, CSF cerebrospinal fluid, FUO fever of unknown origin, TB-PCR tuberculosis polymerase chain reaction, MTB *Mycobacterium tuberculosis*

Various hematologic profiles of TB have been reported in many parts of the world [12, 26–28]. Anemia of chronic disease is the most frequently encountered hematologic profile in TB and has been reported to have a prevalence of approximately 50–80%. The prevalence of other hematologic profiles, such as leukocytosis, thrombocytopenia and thrombocytosis, are reported to be approximately 10–20%. Increased alkaline phosphatase is a relatively common finding in a patient with TB, although the mechanism for this finding in TB is yet to be investigated [27, 29]. Our study produced laboratory profiles of febrile EPTB similar to those of previous reports. These laboratory parameters may not have diagnostic significance or play a predictive role in the diagnosis of febrile EPTB. A previous study reported that CRP elevation was presented in 63.1% of EPTB patients [12]. However, CRP elevation was observed in all of our febrile EPTB patients.

We could localize abnormal focal lesions using cross-sectional imaging tests such as CT scan and MRI in most cases. One patient showed no abnormal findings on CT, and this was a case of failure to identify bone abnormalities in abdominopelvic CT modality. The patient was finally diagnosed with TB spondylitis via musculoskeletal MRI. Because EPTB may have few symptoms/signs and laboratory findings that lead to suspicion of EPTB, cross-sectional imaging tests are critical for guiding further invasive approaches for diagnostic clinical specimens. We may use cross-sectional CT scan or MRI

modalities according to the anatomic clues from patients, but even in the absence of any localizing symptoms/signs and any abnormal findings on simple chest X-ray, the blind use of CT scans for the chest and abdominopelvic region may be justifiable to evaluate FUO patients, especially in TB-burdened countries, considering that localizing symptoms/signs were identified in only 62.1% of study subjects in this study. PET-CT offered a supporting approach to identify the metabolic status of abnormal focal lesions and thus guide invasive approaches to the proper target. However, PET-CT findings alone did not distinguish infection from malignancy or inflammation. PET-CT may provide useful information for identifying anatomic sites in the evaluation of FUO [30–32]. There were several case series that reported the clinical role of FDG PET-CT in the diagnosis of EPTB [33–35]. PET-CT was also helpful for the diagnosis of six patients in our study. Although 49.5% of EPTB patients had concurrent lung involvement, simple chest X-ray was not a sufficient screening tool to lead to a TB diagnosis because only 23.4% of them showed typical TB findings on simple chest X-ray. However, further evaluation of atypical lung lesions may enhance the characterization of TB lung lesions.

There were no differences in the epidemiologic and laboratory variables between the two groups. The group of delayed diagnosis showed less typical TB imaging findings. Patients with typical imaging presentation on chest X-ray might be less likely to have a delayed TB diagnosis. The

less typical imaging findings on CT or MRI might draw less attention from doctors and might have delayed the clinical decision to apply TB diagnostics or start empirical TB treatment. As the performance of diagnostic assays for TB was not significantly different between the two groups, the microbiologic factor might not have a significant effect on delayed diagnosis. Rather, the less typical imaging findings might be associated with a lower positivity of MTB culture in the group of delayed diagnosis. A possible explanation for this may be that EPTB in this group had a lower focal bacillary burden and less formation of localizing inflammatory mass. In contrast, EPTB in the group of early diagnosis might have a higher focal bacillary burden and inflammatory mass effect, leading to the presentation of more overt diagnostic features.

This study has a few limitations. First, the retrospective design itself might not provide sufficient clinical results. However, the sample size of this study may be sufficient for a retrospective review. Second, as we only included patients referred to infectious diseases specialists, febrile EPTB patients referred to other specialties might be excluded, and our subjects thus might not represent the febrile EPTB patient population as a whole.

## Conclusion

In summary, EPTB referred as FUO showed nonspecific clinical manifestations, and cross-sectional imaging tests, such as CT scan or MRI guided by localizing symptoms/signs or a routine protocol, were critical for detecting diagnostic clues of TB. Active consideration of early cross-sectional imaging tests in febrile patients combined with the invasive acquisition of diagnostic clinical specimens may lead to earlier diagnosis of febrile TB. Furthermore, the less typical imaging findings for EPTB on cross-sectional imaging tests should not be concluded as being non-TB because the atypical presentations may delay the diagnosis of TB. Finally, as the performances of EPTB diagnostic tests are variable, a combination of the best tests according to the specific situation of the patient must be applied.

## Abbreviations

AFB: acid-fast bacilli; CRP: C-reactive protein; CT: computed tomography; EMR: electronic medical record; EPTB: extrapulmonary tuberculosis; FUO: fever of unknown origin; HIV: human immunodeficiency virus; MRI: magnetic resonance imaging; MTB: *Mycobacterium tuberculosis*; PCR: polymerase chain reaction; PET: positron emission tomography; PTB: pulmonary tuberculosis; SNU: Seoul National University; TB: tuberculosis

## Availability of data and materials

The datasets used and/or analyzed during this study are available from the corresponding author on reasonable request.

## Authors' contributions

Designed the study: JHK and SWP. Contributed to patients' medical care: ESK, KIJ, HGJ, JHB, PGC, WBP, KHS, HBK, NJK, MDO, and SWP. Collected and maintained data: JHK, ESK, KIJ, HGJ, JHB, PGC, WBP, KHS, HBK, NJK, MDO, and SWP. Analyzed and interpreted data: JHK, ESK, and SWP. Wrote the paper: JHK, ESK, and SWP. All authors read and approved the final manuscript.

## Ethics approval and consent to participate

This study was approved by the Institutional Review Board at Boramae Medical Center (30-2017-16), which waived the need for obtaining consent from the patients. All personal identifiers were anonymized for confidentiality before data processing was performed. This research was in compliance with the Helsinki Declaration.

## Consent for publication

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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