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Maternity protection policies in organizations: The impact of progressiveness on turnover, productivity, and employee usage

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ABSTRACT

Maternity protection policies in organizations: The impact of progressiveness on turnover, productivity, and employee usage

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This study provides one of the first scholastic looks into maternity protection at work: policies that benefit women during stages of pregnancy, nursing, and child-rearing. Extending from prior work-family policy literature, I theorize organizations’ initiative to cover maternity protection over legal regulation, what I term “progressiveness”. Drawing from social exchange and signaling processes, I hypothesize that employees may respond positively to an
organization’s progressiveness associated with maternity protection. The
empirical results are based on longitudinal data from 1,905 Korean
organizations from 2005 to 2013. This study indicates that organizations’
initiative in embracing progressive maternity protection policies more than
legal mandates has positive signaling effects on employees, thus encouraging
more policy usage.

Keyword: maternity protection, HR practices, social exchange theory,
signaling theory

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I. INTRODUCTION

Maternity protection at work—defined as “certain proposals with regards to women's employment, before and after childbirth, including the question of maternity benefit” was first introduced at the International Labour Organization (ILO) Maternity Protection Convention (No.3, 1919). The primary aim of maternity protection policies is to enhance the well-being of mothers and their children, combining productive and reproductive roles of women (Addati, Cassirer, & Gilchrist, 2014). Bearing its purposes to protect working mothers from discrimination and to support their motherhood and working right, ILO has urged member states the ratification of maternity protection policies. As a result, the Maternity Protection Convention (No.183, 2000) consisting of diverse benefits for working mothers has been globally enacted as the Labor Standards Act ("Ratifications of C183," 2018). Although the effect of maternity leave or work-family policies (e.g., childcare, flextime) has been studied, research on multiple maternity protection is surprisingly scarce in management despite its important position in the labor world and its close connection to female employees. Considering that pregnancy and
child support is one of the main causes of career disadvantage and turnover intention against women, we need to explore diverse maternity protection policies and see which type of policies may elicit the best outcomes for employees and organizations.

The purpose of my dissertation is two-fold. First, drawing upon 1,905 organizational-level data from 2005 to 2013, I aim to identify which types of maternity protection policies organizations have adopted. Second, based on the previous exploratory finding, I attempt to see the impact of progressive maternity protection policies on organizational outcomes. In work-family policy literature, the matter of ‘usability’ has been neglected by scholars and policy-makers (Mun & Brinton, 2015). The gap between policy adoption by organizations and policy use by employees may come from negative stigmatization toward women taking advantage of the practice. Employed mothers using related policies are often regarded as having low commitment or performance (Weeden, 2005) and fear for wage penalty or blocked advancement (Fried, 1998; Thompson, Beauvais, & Lyness, 1999). In this cultural context, active usage of maternity protection policies may imply that employees perceive highly supportive climate in using policies. As high use rates mean that many employees take benefits in
practice, it also represents enhanced employee well-being—the ultimate goal of work-family policies (Bloom, Kretschmer, & Van Reenen, 2011).

To sum up, I investigate voluntary turnover, productivity, policy usage—organizational outcomes capturing employee well-being, using Korean Workplace Panel Survey data. In the following section, I introduce the background of maternity protection and review the literature of work-family policies, which are highly related with maternity protection policies in respect that both aim to help employees balance work and family roles. The theoretical mechanism leading to my hypotheses comes next. Finally, explanation on data and methods will follow.

II. LITERATURE REVIEW

i. The History of Maternity Protection at Work

Since its foundation in 1919, the ILO has progressively expanded the scope of maternity protection over several conferences (No. 3, 1919; No. 103, 1952; No. 183, 2000). The most recent one (No. 183, 2000) declares that maternity protection at work includes five key
compositions: *maternity leave* (leave periods more than 14 weeks before and after childbirth), *cash and medical benefits* (cash benefits during maternity leave and medical care before and after childbirth), *health protection at workplace* (restrict certain working conditions for the safety of pregnant employees), *employment protection and non-discrimination* (guarantee job security and the same position without any penalty after maternity leave), and *breastfeeding arrangements at work* (provide nursing breaks and facilities). ILO recently included *childcare after return to work* (provide childcare facilities and services after return to work) as one of the necessary elements in maternity protection (Addati et al., 2014). Even though every country has a difference in the degree of legislation, maternity protection conventions work as a global standard for each member state to legalize related policies. In Korea, the empirical setting of this study, most of the policies described above are also well-established by law—although organizations show variations in the extent to which maternity protection policies are adopted because they may resist legal regulations depending on their interests (DiMaggio, 1988; Oliver, 1991; Powell, 1991). Calling for active implementation of maternity protection policies in the workplace, ILO suggests that they should be
the essential part of comprehensive work-family policies (Addati et al., 2014).

**ii. Work-Family Policies as a HRM Practice**

Work-family policies (a.k.a. family-friendly policies, work-family support policies) consists of complementary policies that are mainly designed to deal with family responsibilities (Konrad & Mangel, 2000). There is no perfect consensus on what kinds of policies constitutes work-family programs, but frequently referred policies are flextime, telework, family leave, childcare and eldercare services (Beauregard & Henry, 2009; Lee & Hong, 2011; Ngo et al., 2009). Maternity protection policies share key elements with some of the work-family policies (e.g., maternity leave, childcare services) but have following distinctive features. First, while most of the work-family policies are voluntarily adopted by organizations and employer-supported (Glass & Finley, 2002; Lobel, 1999), most of the maternity protection policies are legal mandates, many of which are government-supported. Second, the primary purpose of maternity protection policies is to enhance the well-being of mothers and their children thereby having specific targets: mothers who are conceiving or rearing children. A work-family
program has a broader purpose and targets: work and life balance for all employees. Despite distinguishing characteristics of maternity protection policies, it is hard to separate them with work-family policies. Burgeoning interest toward both programs is based on recent workforce change, such as growing female employees, dual-earner couples, and single parents in the organization (Hammer, Neal, Newsom, Brockwood, & Colton, 2005). The major aim of maternity protection, combining productive and reproductive roles of women (Addati et al., 2014) cannot be detached from work-family balance. Thus, we need to track the history of work-family policies and review the various effects they have on employees and organizational outcomes.

Research on work-family policies over the past 30 years has been mostly conducted with the following patterns: First, mostly in the beginning, the effect of a specific policy on employee outcomes has been studied. The most frequently researched areas among work-family policies are flextime (Bohen & Viveros-Long, 1981; Dalton & Mesch, 1990; Dunham, Pierce, & Castaneda, 1987; Krausz & Freibach, 1983; McGuire & Liro, 1987; Pierce & Newstrom, 1982, 1983; Rothausen, 1994; Scandura & Lankau, 1997) and childcare services (Goff, Mount,
Second, the most prevalent studies so far, is the effect of an work-family program, consisting of multiple and complementary policies, on individual-level outcomes—organizational commitment (Aryee, Luk, & Stone, 1998; Chiu & Ng, 1999; Grover & Crooker, 1995; Orthner & Pittman, 1986), job satisfaction (Ezra & Deckman, 1996; Judge, Boudreau, & Bretz, 1994; Saltzstein, Ting, & Saltzstein, 2001), turnover intention (Aryee et al., 1998; Grover & Crooker, 1995; Kim & Wiggins, 2011), and job performance (Moon & Roh, 2010). Last, which is recently emerging, is the impact of a work-family program on organization-level outcomes. Few research has investigated the outcomes of work-family programs at the organizational level (Lee & Hong, 2011; Perry-Smith & Blum, 2000). This type of research covers the relationship between work-family programs and organization-level outcomes such as productivity (Bae & Goodman, 2014; Beauregard & Henry, 2009; Bloom et al., 2011; Glass & Finley, 2002; Konrad & Mangel, 2000; Lee & Hong, 2011; Yamamoto & Matsuura, 2014), turnover rate (Bae & Goodman, 2014; Beauregard & Henry, 2009; Lee
& Hong, 2011; Ngo et al., 2009), and financial performance (Lau, 2000; Lau & May, 1998; Perry-Smith & Blum, 2000).

A major stream of previous literature is the impact of policy adoption. Those research mostly examine the extent to which organizations actively adopt a work-family program by counting the number of adopted policies. This one-by-one approach does not differentiate a variety of functions among policies, and thus, fails to fully address which policies are effective. The most important question is, “what do employees with family want?” (Glass & Finley, 2002). Organizations having a number of work-family policies that are out-of-date may not reflect employees’ preference anymore. In addition, organizations may not cover a variety of functions of work and family balance, leaning to one side. For example, organizations may have a number of flex-time related policies but do not have a leave policy. Both cases get a high family index score due to the many number of policies but does not satisfy diverse needs of employees. Therefore, organizations’ effort to incorporate diverse policies should be researched to better capture organizations’ proactiveness. Kelly et al. (2008) assert that future research on work-family policies should focus more on work-family initiatives, defined as “deliberate organizational
change”. They take examples of previous research: 1) “work-family initiatives”, measured as introducing new work-family policies (Arthur, 2003; Arthur & Cook, 2004) or 2) “comprehensiveness”, covering broad functions of a work-family program (Perry-Smith & Blum, 2000). Inspired by Perry-Smith & Blum’s (2000) work, my dissertation takes the second method to measure organizations’ initiative to adopt progressive policies of maternity protection—considering organizations’ voluntary policies over legal mandates.

III. THEORY AND HYPOTHESES

i. Voluntary Turnover: Social Exchange Theory

A work-family program, aiming to help employees balance work and personal life (Davis & Kalleberg, 2006; Glass & Finley, 2002), consists of complementary policies that are mainly designed to deal with family responsibilities (Konrad & Mangel, 2000). Beauregard and Henry (2009) assert that providing employees with work-family policies is regarded as favorable organization actions, and thus, employees repay their organization’s treatment with positive work attitudes—organizational commitment, job satisfaction, and organizational
citizenship behaviors. Along with this vein, social exchange theory (Blau, 1964) prescribes that employees feel obligated to reciprocate favors from their organizations with beneficial behaviors. Likewise, a maternity protection program, supporting women’s reproductive and productive rights, will lead females to respond to organizations with cooperative behaviors commensurate with the organizations’ interest. For example, women who receive job security after giving birth have higher organizational commitment and quickly return to work from maternity leave (Lyness, Thompson, Francesco, & Judiesch, 1999).

Although many of maternity protection policies are targeted toward women, men are also likely to show positive attitudes if they perceive support from policies. One facet in which social exchange theory has manifested is perceived organizational support, emerging from exchanges between employees and organizations (Eisenberger, Huntington, Hutchison, & Sowa, 1986; Graen & Scandura, 1987). Supportive HR practices can elicit desirable behaviors from employees by creating perceived organizational support even though all employees are not direct beneficiaries of particular practices.

According to social exchange theory (Blau, 1964), the differences between social exchange and economic exchange are: (1)
social exchange is based on trust while economic exchange relies on transaction, and (2) social exchange is characterized as unspecified obligations while economic exchange imposes recipients clear moments and forms of reciprocation. As a part of social exchange theory, Foa and Foa’s (1974, 1980) resource theory identifies resources exchanged between two parties. Within organizations, the resources are categorized into two types: economic and socio-emotional exchanges (Cropanzano & Mitchell, 2005). While economic outcomes meet individual financial needs and tend to be tangible, socioemotional outcomes satisfy the social and esteem needs of employees and are often symbolic. With socio-emotional resources, such as emotional support and affiliation (Armeli, Eisenberger, Fasolo, & Lynch, 1998), organizations send employees messages that they are valued and treated with dignity (Shore, Tetrick, Lynch, & Barksdale, 2001). One type of social exchange in the work setting is perceived organizational support (POS) described as “global beliefs concerning the extent to which the organization values their contributions and cares about their well-being” (Eisenberger et al., 1986: 501). Previous studies found that employees with greater POS reciprocate organizations with desirable work attitudes and behaviors. POS is related with higher affective
commitment (Settoon, Bennett, & Liden, 1996; Shore & Wayne, 1993; Wayne, Shore, & Liden, 1997), less intention to quit (Rhoades & Eisenberger, 2002; Wayne et al., 1997; Witt, 1991), more job involvement (Rhoades & Eisenberger, 2002), and better job performance (Eisenberger, Fasolo, & Davis-LaMastro, 1990).

A maternity protection program aiming to enhance the well-being of working mothers and their children is likely to encourage employees to develop a sense of support and thus reciprocate with supportive behaviors for employing organizations. The effects of maternity protection policies may reach beyond female workers. Male workers can directly receive benefits via certain policies that both men and women can avail (e.g., paternity leave, child-care facilities) or indirectly through their working spouses. Even employees who are not beneficiaries of the policies can develop POS if they agree with the intent of the adopted practices and share the supportive climate. For example, both men and women feel more attached to organizations that adopt female-friendly policies because it shows company efforts to embrace diversity (Williamson, Slay, Shapiro, & Shivers-Blackwell, 2008). In addition, women-specific practices indirectly benefit men by creating a diverse climate (Plaut, Thomas, & Goren, 2009). Likewise,
maternity protection policies will create POS regardless of gender if employees empathize with the value of the practices. Employees who gain a sense of POS from maternity protection policies are likely to reciprocate their organizations with greater commitment and loyalty.

A progressive maternity protection program shows that organizations are willing to adopt a wide range of policies in accord with workforce changes in organizations. Moreover, progressive policies may send employees messages that organizations have a keen interest in working mothers’ rights and sincerely care for their well-being. On the contrary, organizations only adopting minimal legal requirements or even avoiding those regulations are neither likely to satisfy females nor impress other employees. According to social exchange theory, recipients feel more grateful toward resources that are based on discretionary actions than on outcomes coming from external regulations beyond the donators’ will. Voluntary resources from donors indicate that recipients are cared for and valued with respect (Blau, 1964; Eisenberger, Cotterell, & Marvel, 1987; Gouldner, 1960). Thus, regulatory policies complying with external circumstances may not effectively induce gratitude from employees as much as organization voluntary practices. Organization progressiveness in maternity
protection implies that organizations adopt related policies not because of external forces but because of a genuine interest in achieving the intended goal of maternity protection. This action may stimulate greater POS because progressive policies are linked to an organization’s willingness to incorporate a variety of policies with discretion. If POS from progressive maternity protection policies fulfill employees’ socio-emotional needs, employees will develop a sense of belonging and attachment toward their organization. This thought can raise the desire to remain thereby reducing voluntary turnover. In addition to the sense of affiliation and attachment, the norm of reciprocity may lead employees to engage in behaviors that benefit employing organizations. Employee behaviors that are consistent with the goal of the organization will contribute to enhancing employee productivity. Thus,

**Hypothesis 1.** Organizations with more progressive maternity protection policies will have a lower voluntary turnover.

**Hypothesis 2.** Organizations with more progressive maternity protection policies will have higher productivity.
**ii. Employee Policy Use: Signaling Theory**

Availability of HR practices does not necessarily lead to active use. In many cases, organizations adopt HR practices to gain legitimacy but fail to actually use them (Meyer & Rowan, 1977; Scott, 1995). Especially, organizations introducing certain policies or practices due to normative or coercive pressures have a wide gap between policy availability and actual usage (DiMaggio & Powell, 1983).

Organizations often adopt work-family policies due to ceremonial purposes to gain legitimacy (Glass & Fujimoto, 1995; Osterman, 1995) and may “intentionally or unintentionally discourage employees from ever using these benefits” (Blair-Loy & Wharton, 2002: 816).

Employees using work-family policies frequently report fear for not being taken seriously (Crittenden, 2002), wage penalties, blocked mobility and low performance evaluation (Glass, 2004; Judiesch & Lyness, 1999; Kalleberg & Reskin, 1995). Those cases imply that deep-seated prejudice to a work-family program exist and employees perceive a barrier between available policies and policy use.

Each government legislating maternity protection policies requires organizations to adopt related policies, but organizations have shown the varying degree of responsiveness to regulatory obligations.
For example, not a few organizations still do not have a single related policy. On the other hand, there are organizations that progressively adopt a wide range of policies beyond institutional mandates. Following minimal regulations is likely to be symbolic actions to signify that they involuntarily comply to legal pressures when conducting related policies (Dobbin & Sutton, 1998; Edelman, 1992; Kalev, Dobbin, & Kelly, 2006). In this case, employees are not likely to get messages that their organizations would be supportive of their policy use. On the other hand, organizations’ proactive actions to widen the coverage of policies may signal that management has a genuine interest in achieving the intended goal of maternity protection. In such organizations, employees are likely to lessen the fear of using policies if they interpret a full-fledged maternity protection program as a signal of supportive organizational climate toward women and mothers facing maternity.

Within organizations, adopting HR practices is one of the discernable signals that organizations represent their hidden qualities (Nishii, Lepak, & Schneider, 2008). Via observable practices, organizations convey organizational climate (Guion, 1973; James & Jones, 1974), which is an invisible character of organizations. Previous
studies suggest that employees interpret work-family policies as symbolic gestures that organizations care about their family life (Casper & Harris, 2008; Grover & Crooker, 1995). In this way, employees raise family-supportive organization perceptions when work-family policies are visibly available (Butts, Casper, & Yang, 2013). Organizational climate described as employees’ shared perceptions on policies or procedures that get supported in a certain environment (Schneider, 1990), encourages or discourages employees to use work-family policies (Drago et al., 2006; Gottfried & Hayashi-Kato, 1998; Thompson et al., 1999). Signaling theory (Spence, 1974; Spence, 1973) asserts that organizations send indications on their unobservable traits using observable practices. Classic signaling theory views signaling issues from the perspectives of employing organizations toward job applicants. In recent years, management researchers have expanded signaling theory to cover the view of diverse receivers, including both outsiders (e.g., investors, customers) and insiders (e.g., employees) of organizations (Hochwarter, Ferris, Zinko, Arnell, & James, 2007). This study focuses on the signaling process between organizations and employees, as the usage of available practices falls under the role of employees as the receiver of signals. Signaling theory mainly focuses
on the deliberate transmission of positive qualities of organizations. Once organizations send signals to targets, receivers interpret the signalers’ messages and send back their responses (Connelly, Certo, Ireland, & Reutzel, 2011). Consistent with signaling theory, employees who perceive a family-supportive climate or gender-equal climate via a maternity protection programs may respond to organizations by actively availing extant policies.

Simply adopting a series of policies may not be a strong enough signal to encourage employees to use available practices. In effect, many organizations adopt HR practices to gain legitimacy but fail to use them (Meyer & Rowan, 1977; Scott, 1995). In particular, organizations introducing certain policies or practices due to normative or coercive pressures have a wide gap between policy availability and actual usage (DiMaggio & Powell, 1983). In practice, organizations often adopt work-family policies due to ceremonial purposes to gain legitimacy (Glass & Fujimoto, 1995; Osterman, 1995) and may “intentionally or unintentionally discourage employees from ever using these benefits” (Blair-Loy & Wharton, 2002: 816). Those cases suggest that employees perceive a barrier between available policies and their usage when organizations adopt certain practices due to external
regulations. Likewise, organizations may show different usage rates depending on their intent of adopting maternity protection policies. Following minimal mandates or even less than that are likely to be symbolic actions that organizations have work-family policies because of legal pressure (Dobbin & Sutton, 1998; Edelman, 1992; Kalev, Dobbin, & Kelly, 2006). Hence, employees in such organizations may not receive messages that management would be supportive of their policy use. On the contrary, a organization’s proactive actions to keep widening the coverage of policies may transmit to employees their motive for achieving the original goal of maternity protection. Receiving signals and interpreting them as a supportive climate, female employees may no longer fear negative career outcomes or being stigmatized as less committed workers when they use policies. Therefore,

Hypothesis 3. Organizations with more progressive maternity protection policies will show higher employee policy use.
IV. METHODS

i. Data and Sample

I use panel data from the Korea Workplace Panel Survey (KWPS) over the period 2005 to 2013. 1,905 organizations starting from 2005 repeatedly participated in subsequent biennial surveys although a few of them are missing and replaced in each survey year. Over five rounds of surveys, a total of 8,922 organization-level observations were collected. Each organization participated around four times from 2005 to 2013. Table 1 describes the number of participating organizations each year.

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Insert Table 1 about here
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Thanks to the longitudinal panel-structured data, I examine the relationship between independent and dependent variables with 2-year time gap. The data include workplaces with 30 or more employees on a nationwide scale. Human resources managers who are above the senior managerial rank in each organization participated in the survey concerning HR information. While interviewers visited each
organization, respondents used the Computer Assisted Personal Interview (CAPI) system that automatically checks for errors. This advanced survey method enhanced the reliability of the survey process and results. The large-sized sample covers diverse organizational characteristics (e.g., industry, size, and age) that are representative of Korean organizations. As those traits are likely to affect the implementation of maternity protection policies by each organization, the sample reveals a wide of variations in the adoption of maternity protection policies. All in all, the data allows me to find relationships between organizations’ progressiveness in maternity protection and organizational outcomes— voluntary turnover, productivity, and policy usage while controlling diverse organizational-level variables that may affect this study’s dependent variables.

ii. Variables

**Dependent variables.** I use three dependent variables in this study— *productivity, voluntary turnover* and *employee policy use*. *Productivity* is calculated as the natural logarithm of sales per number of employees. *Voluntary turnover* is calculated as the natural logarithm of the number of voluntary resignation to the total employees in survey
year. For the second dependent variable, *employee policy use* is the number of maternity protection policies that employees actively use in practice. Among 16 maternity protection policies, HR managers coded each question as 1 if their organization actively uses the policy in practice and 0 if it does not.

**Independent variables.** Our independent variable is the *progressiveness* of maternity protection policies. According to ILO and later by Addati et al (2014), maternity protection policies include six key elements: maternity leave, cash and medical benefits, health protection at the workplace, breastfeeding arrangements at work, childcare upon return to work, and employment protection and non-discrimination. Even though the last item is missing, the first five elements are well-represented by the fifteen policies in our data: (1) maternity leave and (2) paternity leave (both representing ‘maternity leave’ element); (3) prenatal diagnosis leave, (4) miscarriage leave, (5) infertility treatment leave (three representing ‘cash and medical benefits’); (6) restriction of night duties, (7) restriction from work during holidays, (8) restriction of overtime work, (9) restriction of harmful job duties, (10) opportunity for work conversion, (11) restriction of harmful job duties until 1 year after childbirth (these six
representing ‘health protection at workplace’); (12) breastfeeding break and (13) breastfeeding facility (both representing ‘breastfeeding arrangement at work’); (14) on-site childcare and (15) childcare benefit (both representing ‘childcare upon return to work’).

The operationalization of the independent variable, *progressiveness* of maternity protection policies is the number of voluntary (i.e., non-mandatory) policies that organizations adopt in each survey year. I classify 16 maternity protection policies into voluntary/mandatory ones based on Korean Labor Standard Law. I assume that the more organizations adopt voluntary policies in the survey year, the more they are progressive in maternity protection. The type of maternity protection policies is listed in Table 2.

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Insert Table 2 about here
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**Control variables.** I included several control variables referring to prior studies on work-family policies. *Year* (2005, 2007, 2009, 2011, 2013) was controlled as a dummy variable as there may be unobservable year effects. Besides these, *organization age* (natural log of the survey year minus the founding year), *organization*
size (natural log of total employees), Female ratio (the percentage of female employees to total employees), Union (1= firms have union, 0= firms do not have one), the proportion of old employees and young employees were controlled. The list of variables and its operation is presented in table 3.

V. ANALYSES AND RESULTS

Table 3 presents the mean, standard deviation, and correlation of each variable. Hypotheses 1–3 are tested by using fixed effects regression. Tables 4 present the results. The number of voluntary maternity protection policies that organizations adopt each survey year are entered as independent variables along with control variables. Voluntary turnover, labor productivity, and use ratio are entered as dependent variables.
I report fixed-effects models as the main result. The Hausman test suggests that firm-specific factors are correlated with predictor variables in the model. The results show strong support for Hypothesis 1, predicting that organizations with more progressive maternity protection policies will have a positive impact on employee policy use. Model 1 shows that the more organizations adopt progressive policies, the more employees use them (b=0.57, p <.001). However, Hypothesis 2 and 3 are both rejected. Model 2 did not significantly support the impact of progressive maternity protection policies on the voluntary turnover rate. In addition to adopted policies, employee policy usage did not predict low voluntary turnover rate either, as suggested in Model 3. Model 4 shows that organizations’ progressive policies do not lead to higher productivity. Surprisingly, more progressive maternity protection policies significantly impact on lower productivity (b=−0.02, p <.05). Model 5 presents that employee policy usage does not affect organizations’ productivity.
VI. DISCUSSION

This study finds that progressive maternity protection policies, especially to the extent beyond legal requirements, are positively related to employee policy usage. It confirms that the types and coverages of adopted policies may be a signal toward employees conveying organizational climate thereby enhancing employees’ utilization of existing policies. This finding also supports the neo-institutional perspective that organizations that involuntarily follow external regulations have a huge gap between the organizational structure and their activity (Meyer & Rowan, 1977; Scott, 1995).

However, progressive policies did not lead to lower voluntary turnover and higher productivity at the organizational level. Prior studies on work-family policy and firm-level outcomes suggest that although family-friendly policies do not positively impact firms’ profits, their ultimate goal is enhanced employee well-being (Bloom, Kretschmer, & Van Reenen, 2011). As high usage means that many employees take benefits in practice, it also represents that more progressive policies may lead to employee well-being. A study by Bloom et al (2011) also showed that the relationship between family-
friendly policies and firm productivity disappears when other quality management practices are controlled. Judging from these previous results, I assume that family-friendly policies per se may not impact organizational-level performance. Maternity protection as well may come along with other firm-specific traits (e.g., management practices) or in reverse, organizational level predictors determine the level of maternity protection policies.

i. After study

As an after study, I study the determinants of maternity protection policies to figure out which type of organizations adopt more progressive or mandated maternity protection policies. I now use a random-effect regression model because the fixed-effects model may not capture the impact of predictors whose variance is small over the years (Gujarati, 2009). The result is given in Table 6.

Table 6 shows several organizational-level factors have a significant association with the provision of maternity protection
policies. Column (1) uses the number of progressive policies, while column (3) includes a total of maternity protection policies as a dependent variable. I find that although the level of coefficient decreases when the number of progressive policies is used as a dependent variable, coefficient consistently remains significant regardless of the measurement.

We can see from table 5 that (1) union, (2) salary, (3) organizational size, (4) proportion of female employees, and (5) proportion of young employees are positively affecting the adoption of maternity protection policies. As a high level of salary and organizational size may represent that organizations with ample of organizational resource adopt more maternity protection policies. In addition, the robust impact of female and young employees shows that organizations may try to maximize utilities of employees. However, this result also means that female/young employees in male-dominated or organizations may be marginalized when availing maternity protection policies despite most of them are legal mandates. In fact, the proportion of old employees in organizations negatively affect the adoption of maternity protection whether it is legal or not.
Besides determinants and consequences of maternity protection policies, the patterns and types that organizations take in maternity protection are notable. I conduct a factor analysis on 15 maternity protection policies based on organizations reply to which policies they are adopting, and see how they categorize those multiple policies. Table 6 presents the result of principal component factor analysis.

As we can see in Table 6, policies are classified as (1) leave policies, (2) workload-relief policies, and (3) family-care policies. Most of the former two categories are regulatory and partially government-supported while (3) family-care policies are voluntarily adopted and employer-supported ones in the current research context. It is not surprising that majority of samples (83 % of all samples) neglect maternity protection policies beyond legal mandates, implying a high-threshold exist when it comes to adopting non-regulatory policies. From another point of view, most policies classified as (3) family-care policies are targeted at parents who return to work after their maternity or paternity leave. Given that a majority of organizations only adopt
leave (i.e., targeting after child-birth period) and workload-relief policies (i.e., targeting pregnancy period), organizations seem to overlook the stage of after-leave periods in maternity. The after-study finding implicates that organizations need to design a comprehensive maternity protection program by taking into account various stages of maternity, especially including the phase of “after-leave”.

ii. Future studies

As maternity protection research is beginning to emerge in the management field, numerous areas can be explored. Extending our after-study, the antecedent of organizations’ progressiveness deserves more attention. According to the institutional point of view, the responsiveness to work-family policies is related to the components of institutional pressures, such as organizational size and industry trends that organizations belong (Goodstein, 1994; Ingram & Simons, 1995). In addition to this, corporate internal resources, including both tangible (e.g., financial reserves) and intangible (e.g., corporate culture) resources (Grant, 1991), may be responsible for the adoption of maternity protection. With regard to the latter category of internal resources, family-supportive organization perceptions (i.e., the extent to
which employees perceive family-supportive work environments) is found to be related to more adoption of work-family policies and their usage rates (Allen, Shore, & Griffeth, 2003). Referring to those previous studies, future studies need to find out the role of external environments and internal resources on the level of organizations’ progressiveness in maternity protection.

Although our study finds that progressive maternity protection has overall effects on organizational level outcomes, future studies should also investigate idiosyncratic results depending on employees’ gender and life stages. Considering that most of the maternity protection policies are targeted at limited employees (i.e., women who fall under the before-and after-childbirth periods), their effects are likely to be maximized to particular targets while they may backfire to certain individuals, possibly to male employees. In relation to these distinctive effects, specific types and functions of policies may be more effective for certain employees. For example, male employees may have resistance to maternity leave but may appreciate child-care facilities. With regard to possible differences among policies, maternity protection for fathers, such as paternity leave, have rarely been studied and the effect of related avenues would be interesting topics.
Consistent with Perry-Smith and Blum (2000)’s suggestion, more refined measurement on the depth of maternity protection or work-family policies are required. Along with the use ratio of policies, the extent to which maternity protection is fully embedded in the organization may be delivered via micro-level research, such as employees’ perception of maternity protection. Going beyond the effect of progressive adoption, the depth of maternity protection may have effects on organizational outcomes. From previous studies regarding the effect of family-supportive supervisors on policy use and family-supportive work environments (Shellenbarger, 1992; Thomas & Ganster, 1995), we assume that supervisor support will play a significant role constructing the depth of maternity protection. Regarding supervisor support, understanding the trait of supervisors, whether a demographic feature (e.g., gender) or psychological characteristics (e.g., gender sensitivity), may be helpful to assess the depth of maternity protection.

In addition, more consideration of the cross-cultural context is needed. Considering that different standards and legal regulations exist in each country, maternity protection policies can be categorized differently in other cultural settings. For example, countries that have a
well-developed and highly regulated maternity protection may have a
different composition of policies defining progressiveness with the
countries that have a dearth of legal regulations. Together with the level
of ratification, each country has a different level of femininity and
masculinity in cultural dimensions (Hofstede, 1984). Therefore,
investigating the firms’ patterns in policy adoption, according to the
level of legislation or cultural dimensions in each country, will reveal
the boundary condition of our framework, progressiveness, and
enhance external validity.

iii. Limitations

The findings I present in this study suggest a lot of agendas for
future research, but we have several limitations to keep in mind. One
limitation is that we only use firm-level variables for this study. Certain
HR practices are only effective to the extent that they influence
employee attitudes and behaviors. Wright and Nishii (2007) maintain
that an individual level study should be conducted on human resources
management “to develop comprehensive theories that integrate across
levels of analysis” (p. 20). Although we used social exchange and
signaling perspectives as theoretical backgrounds to understand how
maternity protection is related with organizational outcomes, this study did not examine the mediating variables measuring the perception of employees. Another issue is common method bias. According to common method bias, the same data source in both independent and dependent variable can be problematic. In this study, HR managers in each firm replied the adoption and usage of maternity protection policies, thereby both variables in hypotheses 3 (progressiveness in policy adoption — employee policy usage) are answered by the same source. However, for hypotheses 1 and 2, each dependent variable (voluntary turnover and productivity) are reported by finance and employee-related managers. Moreover, the use of objective data in all variables alleviates the potential threat to validity.

VII. CONCLUSION

Although we have limitations described above, the findings of our study expand the literature of work-family policies by incorporating maternity protection policies and showing the robust relationship between progressive bundles and firm-level outcomes. Revealing the
gap between 1) legislated policies by government and adopted policies in organization, and 2) available policies in organizations and used policies by employees, is another contribution of our study. Measuring organizations’ progressiveness by considering regulatory and voluntary aspects of each policy is a fresh perspective. In addition, the finding that employees are affected by the types and coverages of policies when it comes to policy use is noteworthy. The rigorousness of our model including many control variables and the representativeness of KWPS data covering a variety of samples also enhance the value of our study. In conclusion, this study suggests that the functions and characteristics of each policy need to be considered to maximize its effects on employees. Perhaps the most important thing to make better results for firms and employees, along with progressive policies, is corporate culture, the communication, and consensus on the value of maternity protection.
LIST OF TABLES

Table 1.  
The Number of Participating Organizations over Survey Periods

<table>
<thead>
<tr>
<th>Year</th>
<th>2005</th>
<th>2007</th>
<th>2009</th>
<th>2011</th>
<th>2013</th>
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<td>New org.</td>
<td>1,905</td>
<td>320</td>
<td>508</td>
<td>238</td>
<td>226</td>
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<td>Existing org.</td>
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<td>1,229</td>
<td>1,532</td>
<td>1,549</td>
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The average number of participation by organizations: 3.99
Table 2. *Types of maternity protection policies*

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<thead>
<tr>
<th>Types</th>
<th>Voluntary policies</th>
<th>Mandatory policies</th>
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<tr>
<td>Breastfeeding facilities</td>
<td>Maternity leave</td>
<td></td>
</tr>
<tr>
<td>Infertility treatment leave</td>
<td>Restriction from work during holidays</td>
<td></td>
</tr>
<tr>
<td>Childcare facilities</td>
<td>Restriction of night duties</td>
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<tr>
<td>Childcare expenses</td>
<td>Restriction of overtime work</td>
<td></td>
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<tr>
<td>Prenatal-care leave</td>
<td>Restriction of harmful job duties</td>
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<tr>
<td>Spouse delivery leave</td>
<td>Restriction of harmful job duties until 1 year after childbirth</td>
<td>Opportunity for work conversion</td>
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<tr>
<td></td>
<td></td>
<td>Breastfeeding break</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Menstruation leave</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Miscarriage leave</td>
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</table>

*Note.* Prenatal-care leave and spouse delivery leave turn mandatory since 2008.
Table 3.
Variable definitions

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<thead>
<tr>
<th>Dependent variables</th>
<th>(natural) logarithm of sales per number of employees</th>
</tr>
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<tr>
<td>Voluntary turnover</td>
<td>(natural) logarithm of the number of voluntary resignation to the total employees in survey year</td>
</tr>
<tr>
<td>Productivity</td>
<td>the number of maternity protection policies that employees actively use in practice</td>
</tr>
<tr>
<td>Employee policy usage</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Independent variables</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Progressiveness</td>
<td>the number of voluntary (i.e., non-mandatory) policies that organizations adopt in each survey year.</td>
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<table>
<thead>
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<th>Control variables</th>
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<td>2005-2013</td>
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<td>(natural) log of the survey year minus the founding year</td>
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<tr>
<td>Organizational size</td>
<td>(natural) log of total employees</td>
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<tr>
<td>Female ratio</td>
<td>the percentage of female employees to total employees</td>
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<tr>
<td>Union</td>
<td>1 if organizations have a union while 0 if not</td>
</tr>
<tr>
<td>old employees</td>
<td>(natural) log of the percentage of employees over the age of 50 to total employees</td>
</tr>
<tr>
<td>Young employees</td>
<td>(natural) log of the percentage of employees less the age of 30 to total employees</td>
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Table 4.
Descriptive statistics

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<td>.09*</td>
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<td>.10*</td>
<td>.10*</td>
<td>.09*</td>
<td>.28*</td>
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<td>7. Old (%)</td>
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<td>−.09*</td>
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<td>−.16*</td>
<td>−.15*</td>
<td>−.16*</td>
<td>−.44*</td>
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<td>.08*</td>
<td>.22*</td>
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<td>.00</td>
<td>.07*</td>
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<td>−.15*</td>
<td>−.14*</td>
<td>−.29*</td>
<td>−.08*</td>
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<td>−.02</td>
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<td>10. Finance</td>
<td>.04</td>
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<td>.06*</td>
<td>−.19*</td>
<td>.06*</td>
<td>.09*</td>
<td>.11*</td>
<td>.04</td>
<td>−.08*</td>
<td>.00</td>
<td>−.32*</td>
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<td>7.78</td>
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<td>.26*</td>
<td>.21*</td>
<td>−.14*</td>
<td>.00</td>
<td>−.07*</td>
<td>−.07*</td>
<td>−.03*</td>
<td>.18*</td>
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<td>.11*</td>
<td>.39*</td>
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<td>.18*</td>
<td>.08*</td>
<td>.04*</td>
<td>−.13*</td>
<td>−.14*</td>
<td>.23*</td>
<td>.02</td>
<td>.06*</td>
<td>.04*</td>
<td>.25*</td>
<td>.29*</td>
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*p < .05.
Table 5.
Results from Fixed Effects Regression

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<thead>
<tr>
<th>Variable</th>
<th>Employee usage (USE)</th>
<th>Voluntary turnover (VTURN)</th>
<th>Productivity</th>
</tr>
</thead>
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<tr>
<td></td>
<td>Model 2: PRO → USE</td>
<td>Model 3: PRO → VTURN</td>
<td>Model 4: USE → VTRUN</td>
</tr>
<tr>
<td>PRO</td>
<td>.57***</td>
<td>.02</td>
<td>.02</td>
</tr>
<tr>
<td>LEG</td>
<td>.67***</td>
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<td>.00</td>
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<tr>
<td>Union</td>
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<td>.01</td>
<td>.01</td>
</tr>
<tr>
<td>Salary</td>
<td>.68*</td>
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<td>-.06</td>
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<td>-.11**</td>
<td>-.11**</td>
</tr>
<tr>
<td>Org. age</td>
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<td>-.22**</td>
</tr>
<tr>
<td>Female (%)</td>
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<td>.06</td>
<td>.06</td>
</tr>
<tr>
<td>Old (%)</td>
<td>-.04</td>
<td>.02</td>
<td>.02</td>
</tr>
<tr>
<td>Young (%)</td>
<td>-.09</td>
<td>.14***</td>
<td>.14***</td>
</tr>
<tr>
<td>USE</td>
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<td>.14***</td>
<td>.14***</td>
</tr>
<tr>
<td>Year-fixed effects Included</td>
<td>Included</td>
<td>Included</td>
<td>Included</td>
</tr>
<tr>
<td>Number of observations</td>
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<td>6,531</td>
<td>6,531</td>
</tr>
<tr>
<td>Number of organizations</td>
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<td>2,533</td>
<td>2,533</td>
</tr>
</tbody>
</table>

R²
- Within org. .46 .03 .03 .15 .15
- Between org. .62 .19 .19 .00 .00
- Total .58 .17 .17 .02 .02

Note. PRO = Progressive policies; LEG = Legalized policies; USE = Employee policy usage; VTURN = Voluntary turnover rate.
Unstandardized coefficients are reported.
* p < .05. ** p < .01. *** p < .001. Two-tailed tests.
Table 6.
Determinants of maternity protection policies

<table>
<thead>
<tr>
<th>Dependent Variable</th>
<th>PRO</th>
<th>LEG</th>
<th>MAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Union</td>
<td>.12**</td>
<td>.37**</td>
<td>.48**</td>
</tr>
<tr>
<td>Salary</td>
<td>.69***</td>
<td>1.81***</td>
<td>2.48***</td>
</tr>
<tr>
<td>Org. size</td>
<td>.23***</td>
<td>.78***</td>
<td>1.00***</td>
</tr>
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<td>Org. age</td>
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<td>.03</td>
<td>.07</td>
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<td>Female (%)</td>
<td>.12***</td>
<td>.62***</td>
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<td>Young (%)</td>
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R²
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<tr>
<th></th>
<th>Within org.</th>
<th>Between org.</th>
<th>Total</th>
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<tr>
<td>PRO</td>
<td>.12</td>
<td>.31</td>
<td>.23</td>
</tr>
<tr>
<td>LEG</td>
<td>.04</td>
<td>.26</td>
<td>.18</td>
</tr>
<tr>
<td>MAT</td>
<td>.02</td>
<td>.29</td>
<td>.19</td>
</tr>
</tbody>
</table>

Note. PRO = Progressive policies; LEG = Legalized policies; MAT = Maternity protection policies in total. Unstandardized coefficients are reported. * p < .05. ** p < .01. *** p < .001. Two-tailed tests.
Table 7.
*Results from Principal Component Factor Analysis*

<table>
<thead>
<tr>
<th>Factor</th>
<th>Item</th>
<th>Item Loadings</th>
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<td>Spouse delivery leave</td>
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<td>Restriction of harmful job duties</td>
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<td>Restriction of harmful job duties until 1 year after childbirth</td>
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<tr>
<td></td>
<td>Opportunity for work conversion</td>
<td>.10</td>
</tr>
<tr>
<td>Family-care policies</td>
<td>Breastfeeding facility</td>
<td>-.06</td>
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<td></td>
<td>Breastfeeding break</td>
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<tr>
<td></td>
<td>Childcare facilities</td>
<td>.09</td>
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<td></td>
<td>Childcare expenses</td>
<td>.24</td>
</tr>
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<td></td>
<td>Prenatal-care leave</td>
<td>.15</td>
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<td></td>
<td>Infertility treatment leave</td>
<td>.05</td>
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<tr>
<td>% of variance</td>
<td>60.00</td>
<td>8.85</td>
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*Note.* Rotation converged in 5 iterations.
REFERENCES


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진보적 모성보호제도가 조직결과에 미치는 영향에 대하여: 자발적 이직율, 생산성, 정책사용에 대한 연구

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유혜진

본 학위 논문은 기존 경영학 분야에서 잘 다루어지지 않았던 조직 내 ‘모성보호제도’를 심층적으로 연구한다. 사내 모성보호제도는 임신, 출산 및 육아와 관련하여, 근로자의 권익을 보호하고 복지를 증진함을 목표로 한다. 저자는 법률이 제정한 범위를 넘어 모성보호제도를 채택하는 조직의 주도적인 움직임을 “진보성”이라고 명명하였다. 저자는 사회적 교환이론 및 신호 이론을 근거 삼아, 근로자는 진보적인 모성보호정책에 긍정적으로 반응할 것이라고 주장하였고 2005년부터 2013년까지 1,905개의 한국조직들 대상으로 진행된 종단적 연구결과를 분석하여 결과를 도출하였다. 본 논문은 조직이 진보적으로 모성보호제도를
채택함으로써 근로자에게 긍정적인 신호를 전달하고, 그 결과 근로자의 활발한 정책 사용을 도모함을 밝혀내었다.

주요어: 모성보호제도, 인사조직, 사회적 교환이론, 신호 이론

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