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# Ibrutinib combination therapy for advanced gastrointestinal and genitourinary tumours: results from a phase 1b/2 study

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# Abstract

**Background** Ibrutinib, a first-in-class inhibitor of Bruton's tyrosine kinase, is approved for the treatment of various B-cell malignancies and chronic graft-versus-host disease. Based on encouraging preclinical data, safety and efficacy of ibrutinib combined with companion drugs for advanced renal cell carcinoma (RCC), gastric/gastroesophageal junctional adenocarcinoma (GC), and colorectal adenocarcinoma (CRC) were evaluated.

**Methods** Ibrutinib 560 mg or 840 mg once daily was administered with standard doses of everolimus for RCC, docetaxel for GC, and cetuximab for CRC. Endpoints included determination of the recommended phase 2 dose (RP2D) of ibrutinib in phase 1b and efficacy (overall response rate [ORR] for GC and CRC; progression-free survival [PFS] for CRC) in phase 2.

**Results** A total of 39 (RCC), 46 (GC), and 50 (RCC) patients were enrolled and received the RP2D. Safety profiles were consistent with the individual agents used in the study. Confirmed ORRs were 3% (RCC), 21% (GC), and 19% (CRC). Median (90% CI) PFS was 5.6 (3.9–7.5) months in RCC, 4.0 (2.7–4.2) months in GC, and 5.4 (4.1–5.8) months in CRC.

**Conclusions** Clinically meaningful increases in efficacy were not observed compared to historical controls; however, the data may warrant further evaluation of ibrutinib combinations in other solid tumours.

Trial registration ClinicalTrials.gov, NCT02599324.

**Keywords** Renal cell carcinoma, Gastric adenocarcinoma, Colorectal carcinoma, Ibrutinib, Everolimus, Docetaxel, Cetuximab

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# Background

Ibrutinib, a first-in-class, once-daily covalent inhibitor of Bruton's tyrosine kinase (BTK), is approved for the treatment of various B-cell malignancies and chronic graft-versus-host disease following the failure of one or more lines of systemic therapy and remains under investigation in these settings and for other diseases [1]. By binding a cysteine residue (Cys-481) near the adenosine triphosphate binding pocket of BTK, ibrutinib inhibits BTK activity [2]. Cysteine residues at analogous binding pocket positions have been identified in several kinases in the human genome, including the epidermal growth factor receptor (EGFR), human epidermal growth factor receptor 2 (HER2/neu), human epidermal growth factor receptor 4 (HER4/ErbB4), interleukin-2-inducible T-cell kinase (ITK), and Janus kinase 3. Consistent with this, preclinical data demonstrate that ibrutinib inhibits EGFR, HER2, and human epidermal growth factor receptor 3 (HER3) in breast cancer cell lines [3], and both EGFR (L858R) and EGFR (T790M) in mutant EGFR-expressing lung cancer cell lines [4]. Additionally, clinically relevant data show that ibrutinib inhibits ITK under physiologic conditions, potentially. Driven by ITK inhibition, shifts in helper T cell polarisation to a more anti-tumour functional phenotype in patients treated with ibrutinib may also enhance antitumour immune response [5]. Further, the disruption of BTK signaling itself may confer potential benefit by modifying the microenvironment of solid tumours, thereby improving their sensitivity to other drugs. For example, in pancreatic adenocarcinoma, BTK has been shown to play a role in mast cell degranulation [6] and has been shown to inhibit in vitro generation of myeloid-derived suppressor cells with resultant attenuation of microenvironmental immunosuppression and B-cell and macrophage-mediated CD8<sup>+</sup>T-cell suppression [7]. In addition, strong direct ibrutinib inhibition of epithelial and endothelial tyrosine kinase/bone marrow X kinase (ETK/BMX) may also play a role in renal cell carcinoma (RCC). ETK is highly expressed in RCC cell lines compared to normal renal cells [8] and increased ETK expression is positively correlated with higher clinical stage, grade, and metastasis [8]. Therefore, combining ibrutinib with other mechanistically complementary agents may confer increased antitumour activity and improve outcomes in patients with advanced tumours and limited treatment options.

There remains an unmet need for patients with RCC, gastric adenocarcinoma (GC), and colorectal adenocarcinoma (CRC) who have progressed on previous vascular endothelial growth factor (VEGF)-targeted and mammalian target of rapamycin (mTOR) inhibitors [9]. In RCC, treatment options have been limited due to toxicity and/ or limited additional efficacy of combination therapy, including tyrosine kinase inhibitors and everolimus [10, 11]. Ibrutinib plus everolimus may represent a novel treatment approach for these patients who have failed other approved options. For patients with GC, prognosis for patients with advanced disease is poor, with a median overall survival of 10–12 months [12]. However, combining taxanes with targeted agents has demonstrated increased activity compared to single-agent taxane therapy, suggesting that combining ibrutinib with docetaxel may provide clinically beneficial activity [13, 14]. Likewise, in patients with heavily pretreated, non-resectable CRC, survival outcomes are poor, ranging from 6.4 to 7.1 months with later-line treatments employed [15, 16]. Outcomes may be improved by combining drugs that target EGFR through different mechanisms of action [17].

On this basis, we conducted a phase 1b/2 clinical study to explore the safety, tolerability, and preliminary activity of ibrutinib combination therapy in previously treated patients with advanced solid tumours, including RCC, GC, CRC, and urothelial carcinoma (UC) who had failed multiple lines of therapy. Here we report results from the RCC, GC, and CRC cohorts (UC cohorts to be reported separately).

# Materials and methods Study design and patients

This was an open-label phase 1b/2 multicenter study (ClinicalTrials.gov; NCT02599324) conducted between December 2015 and March 2020, to determine the recommended phase 2 dose (RP2D) of ibrutinib combined with everolimus in RCC, docetaxel in GC, and cetuximab in CRC for previously treated patients. The data cutoff date for this analysis was 19 April 2021.

The phase 1b study followed a 3+3+3 design in each cohort to evaluate dose-limiting toxicities (DLTs) and determine the RP2D. The DLT observation period was 21 days following the initiation of combination therapy at the start of Cycle 1. A DLT was defined as any grade 3 or higher non-hematologic or grade 4 hematologic adverse event (AE) possibly related to either ibrutinib and/or drug combination that occurred during the DLTobservation period. DLTs were assessed in the first three evaluable patients at each dose level by a safety review committee and expanded to 6 or 9 patients if 1 of 3 or 2 of 6 patients experienced a DLT, respectively. The subsequent phase 2 portion of the study utilised a Simon's 2-stage design in the GC and CRC cohorts. All patients were  $\geq$  18 years old with adequate hematologic, hepatic, and renal function and an Eastern Cooperative Oncology Group (ECOG) performance status of 0 or 1 (patients with RCC or CRC with an ECOG performance score of 2 were potentially acceptable after a discussion with the medical monitor). Patients had advanced (locally

recurrent and/or metastatic) disease with histologically confirmed clear cell RCC, gastric or gastro-esophageal junctional adenocarcinoma or K-Ras and N-Ras wildtype (EGFR-expressing) CRC, with one or more measurable lesions per Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1 guidelines. Patients were assessed by investigator to be a suitable candidate for the treatment partner (everolimus, docetaxel, or cetuximab) and ibrutinib as per their tumour type. To be eligible for the RCC cohort, patients had received between one and four prior lines of therapy in the advanced setting, including a VEGF-tyrosine kinase inhibitor. For the GC cohort, patients had received between one and three prior lines of therapy in the advanced setting, including a fluoropyrimidine regimen. For the CRC cohort, patients had received at least two and no more than four prior regimens in the advanced setting, which must have included both an irinotecan and oxaliplatin-based regimen unless unable to tolerate irinotecan chemotherapy. Key exclusion criteria included prior anti-cancer therapy within 28 days of the first dose of study drug (including neoadjuvant or adjuvant therapy if disease progression occurred at  $\geq 12$  months of treatment completion) and prior treatment with everolimus or temsirolimus (RCC cohort), any taxane (GC cohort), or cetuximab or panitumumab (CRC cohort).

All patients provided written informed consent for participation in this study as approved by the Institutional Review Board/Research Ethics Board/Independent Ethics Committee before any study-specific screening procedures were performed.

### Study treatment

In phase 1b, the starting dose level for ibrutinib was 560 mg orally once daily. Ibrutinib 560 mg was combined with everolimus 10 mg orally once daily (RCC cohort), docetaxel 60–75 mg/m<sup>2</sup> (dose according to local institutional policy) intravenously (IV) every 3 weeks (Q3W) (GC cohort), or cetuximab 400 mg/m<sup>2</sup> IV (initial dose), then 250 mg/m<sup>2</sup> weekly (CRC cohort) in 21-day cycles. Ibrutinib and partner agents were administered until unacceptable toxicity or disease progression at the prescribed doses in each cohort. In dose level 1 (ibrutinib 560 mg), if  $\leq 22\%$  of evaluable patients experienced a DLT during the first treatment cycle, patients were enrolled in dose level 2, in which the dose of ibrutinib was increased to 840 mg once daily in combination with the companion drug. If  $\geq$  33% of evaluable patients experienced a DLT at the 560 mg or 840 mg dose of ibrutinib, the dose was de-escalated to 420 mg or 560 mg once daily, respectively. Dose adjustment guidelines are described in supplemental methods.

Following the determination of the RP2D by a Dose Level Review Committee (DLRC), additional patients were enrolled and treated in phase 2 at the RP2D to further evaluate the efficacy of the regimen for each specified tumour type as prespecified.

# **Study objectives**

The primary objectives of phase 1b were to determine the RP2D for ibrutinib in each cohort: in combination with everolimus in RCC, docetaxel in GC, and cetuximab in CRC. Secondary objectives in phase 1b of each cohort included evaluation of the preliminary safety and tolerability, overall response rate (ORR) per RECIST v1.1, disease control rate (DCR; defined as complete response (CR), partial response (PR), or stable disease (SD)  $\geq$  6 weeks), duration of response (DOR), and pharmacokinetics of the combination regimens.

The primary objectives of phase 2 were to assess progression-free survival (PFS) in the RCC cohort and ORR in the GC and CRC cohorts. Secondary objectives in phase 2 included PFS in GC and CRC cohorts, ORR in RCC cohort, and DCR, DOR, overall survival (OS), safety, and tolerability in each cohort.

# Assessments and analyses

Tumour response was assessed using computed tomography (CT) or magnetic resonance imaging (in the case of CT contraindication). Imaging was performed at baseline and every 6 weeks thereafter, per the investigator using RECIST v1.1 guidelines, including confirmation of complete and PRs at least 28 days after the criteria for response were first met [18]. SD and disease progression were not confirmed. AEs were graded based on Common Terminology Criteria for Adverse Events version 4.03 [19]. All AEs were documented from the time of first dose of study treatment until 30 days following the last dose for ibrutinib or companion drug, whichever occurred later.

Plasma samples were collected for all patients for pharmacokinetic (PK) determination of ibrutinib in all cohorts and docetaxel in the GC cohort.

#### Statistical considerations and analysis populations

For phase 1b, data were summarised by dose level for each cohort separately. For Phase 2, efficacy and safety data were summarised by RP2D dose level of ibrutinib for each cohort. The safety population included all patients who received at least one dose of any study drug. The DLT-evaluable population was defined as patients from phase 1b who completed  $\geq$  21 days of treatment or discontinued treatment before 21 days due to a DLT event. Efficacy analyses were performed in the efficacy-evaluable population, defined as eligible patients (including DLT-inevaluable) who received at least one dose of ibrutinib at the RP2D in combination with at least one dose of the companion drug and had at least 1 post-baseline tumour assessment, regardless of treatment duration, or had died prior to the first adequate post-baseline assessment (RCC cohort) or had measurable disease and at least 1 post-baseline tumour assessment (GC and CRC cohorts). When analysing efficacy at the RP2D, the data from patients in phase 1 treated with the RP2D phase 2 were merged prior to analysis.

For the RCC cohort, a single interim analysis for PFS futility was conducted when the twenty-fifth patient of 55 total dosed at the RP2D level had completed 6 months of follow-up. The study was designed to detect a 75% increase in median PFS to 8.6 months for ibrutinib plus everolimus with a sample size of 55 efficacy-evaluable patients. Phase 2 of the GC and CRC cohorts followed a Simon's 2-stage design for patients treated at the RP2D. For the GC cohort, 39 patients were to be enrolled in two stages; if  $\geq 2$  of 21 patients had a tumour response (PR or CR) in stage 1, whereupon an additional 18 patients were enrolled in stage 2. Treatment was deemed acceptable for further clinical development if  $\geq 6$  patients responded. The Simon's 2-stage design provided 80% power to test the historical ORR of 7% against the target ORR of 20%. In the CRC cohort, 40 patients were to be enrolled in two stages; if  $\geq 3$  of 22 patients were responders in stage 1, then an additional 18 patients were enrolled in stage 2. The Simon's 2-stage design provided 80% power to test the historical ORR of 10% against the target ORR of 25%.

## Results

# **RCC Cohort**

# Phase 1b

A total of 10 patients were enrolled in the RCC cohort in phase 1b; patients received everolimus with either 560 mg ibrutinib (n=3) or 840 mg ibrutinib (n=7); median duration of ibrutinib exposure was 2.9 months and median everolimus exposure was 2.6 months. One patient who received 840 mg ibrutinib plus everolimus was DLT-inevaluable due to dose interruption because of a non-DLT AE. Of the nine DLT-evaluable patients in phase 1b, one at dose level 2 (840 mg ibrutinib plus 10 mg everolimus) experienced a DLT consisting of diarrhea and nausea (both grade 3) for 18 days; thus the determined RP2D was 840 mg ibrutinib plus 10 mg everolimus both orally and once daily. Best response achieved was SD in 70% (n=7/10).

#### Phase 1b/2

A total of 39 patients were enrolled in the RCC cohort at the RP2D in phase 1b/2, with enrollment discontinued based on interim futility analysis of patients completing 6 months of follow-up. Fifteen patients (39%) had received  $\geq$  3 prior lines of therapy and all had at least one metastatic site of disease (Table 1).

Median (range) time on study in phase 1b/2 was 22.5 (0.5-37.4) months. Median (range) duration of ibrutinib exposure at the RP2D was 2.8 (0.1-27.9) months. The median average daily dose of ibrutinib was 641.7 mg/day and the median relative dose intensity was 76%. The most frequent reasons for discontinuation of ibrutinib were progressive disease (PD; 56%) and AEs (31%). Similarly, median (range) duration of everolimus exposure at the RP2D was 3.1 (0.1-27.9) months. The median average daily dose of everolimus was 7.7 mg/day and the median relative dose intensity was 77%; 56% of patients discontinued everolimus due to PD and 28% due to an AE (Table 2).

Among efficacy-evaluable patients receiving the RP2D (n=36 patients, 3 patients inevaluable with no postbaseline tumour assessment), median (90% CI) PFS was 5.6 (3.9–7.5) months. At 6 and 12 months, PFS rates were 44% and 15%, respectively (Fig. 1A). Confirmed ORR was 3%, with one patient achieving a confirmed PR. Best response was SD in 75% (n=27/36) of patients and PD in 17% (n=6/36) of patients. DCR (90% CI) was 81% (n=29/36) (66.6%–90.5%). Response duration of the patient with PR was 3.1 months. Median (90% CI) OS was 21.0 (13.1–25.3) months (Fig. 2A).

The majority of patients treated at the RP2D experienced a TEAE (97%; n=38/39), with grade  $\geq 3$  TEAEs occurring in 74% (n=29/39) (Table 3). There were three deaths (n=3/39; 8%) due to TEAEs (gunshot wound, hemoptysis, and RCC). The most common TEAEs of any grade included stomatitis (n=25/39; 64%), diarrhea and epistaxis (n=22/39; 56% each), and anemia (n=19/39; 49%). The most common grade  $\geq 3$  events were anemia (n=11/39; 28%), stomatitis (n=7/39; 18%), hyperglycemia (n=6/39; 15%), diarrhea (n=5/39; 13%), and hypertension (n=4/39; 10%) (Table 4).

# GC Cohort

#### Phase 1b

Twenty-one patients were enrolled in the GC cohort in phase 1b; all patients received 560 mg ibrutinib with docetaxel; median duration of ibrutinib exposure was 2.7 months and median docetaxel exposure was 1.4 months. Fourteen patients were DLT-inevaluable due to dose interruptions. Seven patients were DLT-evaluable. Two of these seven had DLTs (29%); one patient experienced grade 4 leukopenia for 3 days after receiving ibrutinib 560 mg QD plus docetaxel 75 mg/m<sup>2</sup> Q3W; one patient had leukopenia for 7 days after receiving ibrutinib 560 mg QD plus 75 mg/m<sup>2</sup> docetaxel Q3W. The recommended RP2D of ibrutinib was 560 mg once daily plus

3 4

## Table 1 Baseline patient and disease characteristics

	RCC Cohort N=39	GC Cohort N=46	CRC Cohort N=50
Median age (range), years	62 (40–81)	58 (35–77)	64 (32–81)
$\geq$ 65 years, n (%)	16 (41)	11 (24)	25 (50)
Male, <i>n</i> (%)	31 (79)	34 (74)	29 (58)
Race, <i>n</i> (%) <sup>a</sup>			
White	32 (82)	32 (70)	18 (36)
Black or African American	0	1 (2)	1 (2)
Asian	7 (18)	12 (26)	31 (62)
ECOG performance status, n (%)			
0	12 (31)	11 (24)	9 (18)
1	27 (69)	35 (76)	41 (82)
Time from initial diagnosis to start of treatment, median (range), months	33 (8–151)	13 (3–121)	38 (12–121)
Metastatic sites of disease, n (%)			
0	0	1 (2)	0
1	7 (18)	11 (24)	7 (14)
2	14 (36)	19 (41)	16 (32)
>2	18 (46)	15 (33)	27 (54)
Sites of metastasis, n (%)			
With metastases	39 (100)	45 (98)	50 (100)
Bone	12 (31)	6 (13)	6 (12)
Liver	9 (23)	25 (54)	30 (60)
Lung	25 (64)	12 (26)	38 (76)
Lymph node	20 (51)	26 (57)	31 (62)
Peritoneal	6 (15)	20 (43)	12 (24)
Number of prior regimens, <i>n</i> (%)			
1	11 (28)	34 (74)	0
2	13 (33)	9 (20)	19 (38)

CRC colorectal adenocarcinoma, ECOG Eastern Cooperative Oncology Group, GC gastric adenocarcinoma, RCC renal cell carcinoma

12 (31)

3 (8)

<sup>a</sup> One patient in the GC cohort declined to answer/race unknown

docetaxel 60 to 75 mg/m<sup>2</sup> Q3W. Among the 18 responseevaluable patients, three (17%) had a confirmed PR, 11 (61%) had SD, and four (22%) had PD. The DCR (90% CI) was 78% (n = 14/18) (56.1%–92.0%).

### Phase 1b/2

A total of 46 patients were enrolled in the GC cohort and were treated at the RP2D in phase 1b/2. Twelve patients (26%) had received at least two prior lines of therapy and 15 (33%) had > 2 metastatic sites of disease (Table 1). Median (range) time on study in phase 1b/2 was 12.2 (0.3-41.9) months. Median (range) duration of ibrutinib exposure at the RP2D was 2.5 (0.1-15.1) months. The median average daily dose of ibrutinib was 499.2 mg/day and the median relative dose intensity was 89%. The most frequent reasons for discontinuation of ibrutinib were PD (63%) and TEAEs (17%). The median relative dose intensity of docetaxel was 91%. Forty-three patients received starting doses of 75 mg/ m<sup>2</sup> docetaxel and three received starting doses between 60-75 mg/m<sup>2</sup>. Twenty-two patients (48%) had docetaxel dose reductions due to an AE during the study; 57% of patients discontinued docetaxel due to PD and 22% due to AEs (Table 2).

3 (7)

0

Among patients who received the RP2D in the efficacyevaluable population (n = 39, 7 inevaluable with no postbaseline tumour assessment), median (90% CI) PFS was 4.0 (2.7-4.2) months. At 6 and 12 months, the PFS (90% CI) rates were 26% (15.5%–38.5%) and 12% (5.1%–22.8%), respectively (Fig. 1B). Confirmed ORR (90% CI) was 21% (10.6%-34.0%), with eight patients achieving PR. SD was reported in 54% (n=21/39), amounting to a DCR (90% CI) of 74% (n=29/39) (60.4%-85.4%). PD was best response in 26% (n = 10/39) of patients. Median (90% CI)

20 (40)

11 (22)

	RCC Cohort Ibrutinib 840 mg + Everolimus N=39	GC Cohort Ibrutinib 560 mg + Docetaxel N = 46	CRC Cohort Ibrutinib 840 mg + Cetuximab N=50
	2.8 (0.1–27.9)	2.5 (0.1–15.1)	3.2 (0.2–14.0)
Treatment duration of partner drug, median (range), months	3.1 (0.1–27.9)	2.1 (0.0–14.5)	3.0 (0.0–13.8)
Ibrutinib treatment disposition, <i>n</i> (%)			
Still on treatment	0	0	0
Discontinued treatment	39 (100)	46 (100)	50 (100)
Primary reason for ibrutinib discontinua	ntion, <i>n</i> (%)		
Disease progression	22 (56)	29 (63)	35 (70)
Clinical deterioration	2 (5)	3 (7)	1 (2)
Adverse events	12 (31)	8 (17)	8 (16)
Death	0	0	1 (2)
Withdrawal of consent	2 (5)	4 (9)	4 (8)
Investigator decision	1 (3)	2 (4)	1 (2)
Companion drug treatment disposition,	n (%)		
Still on treatment	0	0	0
Discontinued treatment	39 (100)	46 (100)	50 (100)
Primary reason for discontinuation of co	ompanion drug, <i>n</i> (%)		
Disease progression	22 (56)	26 (57)	32 (64)
Clinical deterioration	2 (5)	2 (4)	1 (2)
Adverse events	11 (28)	10 (22)	10 (20)
Death	0	0	1 (2)
Withdrawal of consent	3 (8)	4 (9)	4 (8)
Investigator decision	1 (3)	4 (9)	2 (4)

CRC colorectal adenocarcinoma, ECOG Eastern Cooperative Oncology Group, GC gastric adenocarcinoma, RCC renal cell carcinoma, RP2D Recommended phase 2 dose <sup>a</sup> Data cutoff date: 19 April 2021

DOR was 5.5 (3.0–10.8) months and median (90% CI) OS 7.3 (5.5–9.6) months, respectively (Fig. 2B).

All 46 patients in the phase 1b/2 GC cohort treated at the RP2D experienced a TEAE, with grade  $\geq$  3 TEAEs occurring in 91% (n=42/46) (Table 3). There were three deaths (n=3/46; 7%) due to TEAEs: adenocarcinoma gastric, hematuria, and intestinal obstruction. The most common TEAEs of any grade included anemia (n=27/46; 59%), diarrhea (n=25/46; 54%), and neutropenia (n=20/46; 43%). The most common grade  $\geq$  3 events were neutropenia (n=20/46; 43%), anemia (n=16/46; 35%), febrile neutropenia (n=14/46; 30%), neutrophil count decreased (n=9/46; 20%), neutropenic sepsis, pneumonia, and white blood cell count decreased (n=5/46; 11% each) (Table 4).

# **CRC Cohort**

## Phase 1b

Twenty patients were enrolled in the CRC cohort in phase 1b; 8 and 12 patients, respectively, received 560 mg and 840 mg ibrutinib with cetuximab. Median duration

of ibrutinib exposure was 2.7 months and median cetuximab exposure was 2.3 months. Eleven patients were DLT-inevaluable, 10 due to dose interruption because of non-DLT AEs and one due to dosing non-compliance. Among the nine DLT-evaluable patients in this cohort, there were no reported DLTs. Therefore, the RP2D used in phase 2 was 840 mg ibrutinib orally daily plus 400 mg/ m<sup>2</sup> IV cetuximab, followed by 250 mg/m<sup>2</sup> in subsequent weeks. Among the 18 response-evaluable patients, two patients (11%) achieved a PR and 12 patients (67%) had SD amounting to a DCR (90% CI) of 78% (n=14/18) (56.1%, 92.0%).

#### Phase 1b/2

A total of 50 patients were enrolled in the CRC cohort in phase 1b/2. All patients had received at least two prior lines of therapy and 27 (54%) had>2 metastatic sites of disease (Table 1). Median (range) time on study in phase 1b/2 was 22.1 (0.3-23.5) months. Median (range) duration of ibrutinib exposure at the RP2D was 3.2 (0.2-14.0) months. The median average daily dose of ibrutinib was



Fig. 1 PFS per investigator assessment in the a) RCC cohort, b) GC cohort, and c) CRC cohort. Cl, confidence interval; CRC, colorectal carcinoma; GC, gastric adenocarcinoma; PFS, progression-free survival; RCC, renal cell carcinoma



Fig. 2 OS in the a) RCC cohort, b) GC cohort, and c) CRC cohort. Cl, confidence interval; CRC, colorectal carcinoma; GC, gastric adenocarcinoma; OS, overall survival; RCC, renal cell carcinoma

# Table 3 Safety summary

n (%)	RCC Cohort	GC Cohort	CRC Cohort
	N=39	N=46	N=50
TEAE (any grade)	38 (97)	46 (100)	50 (100)
Grade ≥ 3 TEAE	29 (74)	42 (91)	34 (68)
Patients with TEAEs leading to discontinuation of study treatment $^{\rm a}$	13 (33)	15 (33)	11 (22)
Ibrutinib only	2 (5)	5 (11)	2 (4)
Companion drug only	1 (3)	5 (11)	2 (4)
Both ibrutinib and companion drug	10 (26)	5 (11)	7 (14)

<sup>a</sup> Includes adverse events with action taken as study treatment permanently withdrawn

CRC colorectal adenocarcinoma, ECOG Eastern Cooperative Oncology Group, GC gastric adenocarcinoma, RCC renal cell carcinoma, TEAE treatment-emergent adverse event

791.3 mg/day and the median relative dose intensity was 94.2%. The most frequent reason for discontinuation of ibrutinib was PD (70%); 16% discontinued due to AEs (Table 2). The median relative dose intensity of cetuximab was 90%; 64% of patients discontinued cetuximab due to PD and 20% due to AEs (Table 2).

Among patients who received the RP2D in the efficacy-evaluable population (n=47, 3 were inevaluable with no post-baseline tumour assessment), median (90% CI) PFS was 5.4 (4.1–5.8) months. At 6 and 12 months, the PFS (90% CI) rates were 35% (23.7%–46.4%) and 11% (4.8%–19.8%), respectively (Fig. 1C). The confirmed ORR in the CRC cohort was 19%, with nine patients achieving a PR and SD in 30, amounting to a DCR (90% CI) of 83% (n=39/47) (71.4%–91.2%). Median (90% CI) DOR was 11.1 (4.2–12.5) months and median (90% CI) OS was 15.0 (10.5–17.2) months (Fig. 2C). Median OS was 15.3 months for patients with left-sided tumours (n=35) and 10.6 months for those with right-sided tumours (n=14).

All 50 patients treated at the RP2D experienced a TEAE of any grade, with grade  $\geq$  3 TEAEs occurring in 68% (n = 34/50) (Table 3). One death due to pulmonary embolism occurred during phase 1b, outside of the DLT evaluable population, and was deemed unrelated to treatment.

The most common TEAEs of any grade included dermatitis acneiform (n=38/50; 76%), stomatitis (n=26/50; 52%), dry skin (n=24/50; 48%), and diarrhea (n=23/50; 46%). Common grade  $\geq 3$  TEAEs included dermatitis acneiform (n=12/50; 24%) and stomatitis (n=5/50; 10%) (Table 4).

#### Pharmacokinetics

Ibrutinib was rapidly absorbed with a median time to maximum concentration  $(t_{max})$  of 2.03 to 3.89 h and mean apparent terminal half-life  $(t_{1/2})$  ranged from 5 to 6 h.

Mean ibrutinib steady-state  $\mathrm{C}_{\mathrm{max}}$  and  $\mathrm{AUC}_{\mathrm{0-24\ h}}$  for RCC and CRC cohorts were 351 ng/mL and 2568 ng·h/mL and 371 ng/mL and 2807 ng·h/mL, respectively, at the RP2D dose of 840 mg ibrutinib in combination with everolimus or cetuximab. Ibrutinib exposures at the RP2D dose of 840 mg in patients with RCC and CRC were comparable regardless of co-medications (everolimus or cetuximab). Mean ibrutinib steady-state  $C_{max}$  and  $AUC_{0\mathchar`24\ h}$  for GC cohort were 164 ng/mL and 1253 ng·h/mL, respectively at the RP2D of 560 mg. In the GC cohort, doce taxel  $\mathrm{C}_{\mathrm{max}}$ ranged from 467 to 38,000 ng/mL following administration of 53.9 to 75.8  $mg/m^2$  docetaxel with ibrutinib at the RP2D of 560 mg. The mean concentration (% coefficient of variation) of dose normalised docetaxel C<sub>max</sub> following exclusion of the high outlier concentration observed in one patient was 34.6 ng/mL (60%).

# Discussion

This multicenter, open-label, phase 1b/2 study of ibrutinib combination therapy in patients with RCC (ibrutinib plus everolimus), GC (ibrutinib plus docetaxel), or CRC (ibrutinib plus cetuximab) demonstrated acceptable safety in patients with advanced tumours. Overall, results presented here suggest that administration of ibrutinib 840 mg orally with everolimus 10 mg in RCC, ibrutinib 560 mg with docetaxel 60 to 75 mg/m<sup>2</sup> Q3W in GC, and ibrutinib 840 mg with cetuximab 400 mg/m<sup>2</sup>, then 250 mg/m<sup>2</sup> weekly in CRC, each administered in a similar (or later line) than as recommended by consensus guidelines at the time of study initiation, were feasible but did not result in a meaningful increase in efficacy when compared to historical controls in each disease setting.

In metastatic RCC, other combinations, such as sorafenib plus everolimus, have been tested. Nevertheless, excessive gastrointestinal and skin toxicity limited the translation of this combination to the clinical trials.

# **Table 4** TEAEs by cohort (any grade, $\geq 20\%$ or grade $\geq 3$ , $\geq 10\%$ )<sup>a</sup>

TEAE Any Grade (> 20%) Grade	
	<u>• ≥ 3 (≥ 10%)</u>
Stomatitis 25 (64) 7 (18)	
Diarrhea 22 (56) 5 (13)	
Epistaxis 22 (56) 0	
Anemia 19 (49) 10 (26	)
Decreased appetite 17 (44) 0	
Fatigue 16 (41) 1 (3)	
Nausea 16 (41) 2 (5)	
Asthenia 11 (28) 1 (3)	
Cough 11 (28) 0	
Thrombocytopenia         10 (26)         1 (3)	
Vomiting 10 (26) 2 (5)	
Edema peripheral 9 (23) 0	
Dizziness 9 (23) 0	
Rash maculo-papular9 (23)2 (5)	
Blood creatinine increased 8 (21) 0	
Hyperglycemia 8 (21) 6 (15)	
Pyrexia 8 (21) 0	
Hypertension 4 (10) 4 (10)	
GC Cohort	
TEAE Any Grade (≥ 20%) Grade	<u>≥</u> ≥ 3 (≥
10%)	
Anemia 27 (59) 16 (35	)
Diarrhea 25 (54) 2 (4)	
Neutropenia 20 (43) 20 (43)	)
Decreased appetite 19 (41) 2 (4)	
Nausea 17 (37) 1 (2)	
Stomatitis 17 (37) 1 (2)	
Fatigue 16 (35) 1 (2)	
Vomiting 15 (33) 0	
Alopecia 14 (30) 0	
Asthenia 14 (30) 5 (11)	
Febrile neutropenia14 (30)14 (30)	)
Abdominal pain         10 (22)         3 (7)	
Constipation 10 (22) 0	
Neutrophil count decreased10 (22)9 (20)	
White blood cell count decreased9 (20)5 (11)	
Neutropenic sepsis 5 (11) 5 (11)	
Pneumonia 6 (13) 5 (11)	
CRC Cohort	
TEAE Any Grade (> 20%) Grade	> 3 (> 10%)
Dermatitis acneiform 38 (76) 12 (24	.)
Stomatitis 26 (52) 5 (10)	/
Drv skin         24 (48)         1 (2)	
Diarrhea 23 (46) 3 (6)	
Eatique 20 (40) 2 (4)	
Paronychia 19 (38) 1 (2)	
Pruritus 16 (32) 1 (2)	

Decreased appetite	14 (28)	1 (2)
Nausea	13 (26)	0
Palmar-plantar erythrodysaesthesia syndrome	13 (26)	3 (6)
Asthenia	11 (22)	3 (6)
Epistaxis	10 (20)	0

<sup>a</sup> Adverse events listed in descending order based on any grade incidence

CRC colorectal carcinoma, GC gastric adenocarcinoma, RCC renal cell carcinoma, TEAE treatment-emergent adverse event

As single agents, everolimus and sorafenib reported PFS of 4.9 and 5.5 months [20–22], respectively. In the current study, the combination of ibrutinib plus everolimus demonstrated a similar median PFS (5.6 months), which does not suggest an additive or synergistic effect. However, the patient populations are different, making comparisons across studies difficult.

In both the GC and CRC cohorts, 14 and 11 patients were DLT-inevaluable, suggesting a sick population overall at study entry. Nonetheless, in patients with refractory GC, ibrutinib plus docetaxel was associated with a higher ORR of (18%) relative to singleagent docetaxel (7%) but a similar 6-month PFS (29% and 26%) [23] and lower ORR and PFS relative to results in second-line patients with paclitaxel plus ramucirumab (ORR of 28% and 6-month PFS of 36%) [14]. A previous study in patients with refractory CRC treated with cetuximab as third-line therapy reported a similar response rate (12%) compared with the current study (15%) but with a shorter median PFS (1.4 and 5.4 months, respectively) and OS (6.6 and 15.0 months, respectively) [24]. Other studies in patients with advanced CRC reported median OS of 6.4 and 7.1 months with regorafenib monotherapy and TAS-102, respectively [15, 16]. In the current study, median OS among patients with left-sided versus right-sided tumours (15.3 vs 10.6 months) aligns with previous reports of longer survival in those with left-sided tumours treated with anti-EGFR therapies [25–27].

The safety profiles for each of the drug combinations were generally consistent with the known safety profiles for the individual agents used in the study, suggesting no significant interaction between ibrutinib and partner agents and were as expected for patients with these advanced tumour types considering prior therapies and treatment duration. TEAEs related to companion drugs in this study were consistent with those reported previously in everolimus in RCC, [28] docetaxel in GC, [29] and cetuximab in CRC, [30] respectively. Notably, 14 patients (30%) in the GC cohort experienced grade  $\geq$ 3 febrile neutropenia, which is a higher incidence than might have been expected. The explanation for this finding is not immediately apparent, but interpretation is potentially confounded by the heavily pre-treated nature of this patient population, the problematic toxicity of docetaxel in this clinical setting, and the relatively small number of treated patients. No pharmacokinetic interactions were identified with these combination treatment regimens for ibrutinib (all cohorts) or docetaxel (GC cohort) levels.

The heavily pretreated patient populations in this study may not have been the optimal contexts for evaluation of novel ibrutinib combination regimens, as evidenced by the modest efficacy observed relative to historical controls. However, the generally manageable safety profile seen across all three cohorts and the high levels of relative dose delivery of both ibrutinib and partner agents support the feasibility of the regimens studied, thereby warranting consideration of further evaluation in earlier stage settings and/or with different partner agents.

#### Abbreviations

AE AUC BTK CR CR CR CT DCR DLT DDR ECOG EGFR ETK/BMX GC HER2/neu HER3 HER4/ErbB4 ITK IV mTOR ORR OS	Adverse event Area under the curve Bruton's tyrosine kinase Complete response Colorectal adenocarcinoma Computed tomography Disease control rate Dose Level Review Committee Dose-limiting toxicity Duration of response Eastern Cooperative Oncology Group Epidermal growth factor receptor Endothelial tyrosine kinase/bone marrow X kinase Gastric/gastroesophageal junctional adenocarcinoma Human epidermal growth factor receptor 2 Human epidermal growth factor receptor 3 Human epidermal growth factor receptor 4 Interleukin-2-inducible T-cell kinase Intravenously Mammalian target of rapamycin Overall response rate Overall survival
mTOR	Intravenously Mammalian target of rapamycin
OS	Overall survival
PD PR	Progressive disease Partial response
PFS	Progression-free survival
QD	Daily
Q3W RCC	Every 3 weeks Renal cell carcinoma

RECIST	Response Evaluation Criteria in Solid Tumors
RP2D	Recommended phase 2 dose
SD	Stable disease
TEAE	Treatment-emergent adverse event
UC	Urothelial carcinoma
VEGF	Vascular endothelial growth factor

# **Supplementary Information**

The online version contains supplementary material available at https://doi. org/10.1186/s12885-023-11539-1.

Additional file 1: Supplementary Methods. Follow-up. Supplementary Methods. Maximum tolerated dose. Supplementary Methods. Dose adjustment guidelines. Supplementary Table S1. Prior therapies

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#### Authors' contributions

D-YO collaborated with the study sponsors to design the study; MAM, DIQ, PJO, IC, SYK, ID, DC, JB, BM, SKW, K-WL, FM, PM, MWS, DW, and HTA collected the study data; EC performed the data analyses; EC, JHR, and JPD confirmed the accuracy of the data and compiled it for analysis; all authors had access to the data and were involved in the interpretation of data, contributed to the manuscript review and revisions, and approved the final version for submission.

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#### Availability of data and materials

Requests for access to individual participant data from clinical studies conducted by Pharmacyclics LLC, an AbbVie Company, can be submitted through Yale Open Data Access (YODA) Project site at http://yoda.yale.edu. Requests for the datasets used and/or analysed during the current study can be made directly with the study sponsor via the following link: https://vivli.org/ourme mber/abbvie/.

## Declarations

#### Ethics approval and consent to participate

The protocol was approved by the institutional review boards or independent ethics committees of all participating institutions. The study was approved by the following institutional review boards or independent ethics committees: Asan Medical Center Institutional Review Board 88; CEIm Hospital Universitario Ramon y Cajal Secretria del Comité; Chesapeake Institutional Review Board; Chonnam National University Hwasun Hospital Institutional Review Board; Dignity Health Bay Area Regional Institutional Review Board; Henry Ford Health System Research Administration; Korea University Guro Hospital Institutional Review Board; London-Surrey Borders Research Ethics Committee; Nebraska Methodist Hospital Institutional Review Board; Norwalk Hospital Institutional Review Board; Penn State Milton S. Hershey Medical Center, Penn State College of Medicine Human Subjects Protection Office; Samsung Medical Center Institutional Review Board 81; Severance Hospital Yonsei University Health System 50–1 Institutional Review Board; Seoul National University Bundang Hospital Institutional Review Board 82; Seoul National University Hospital Institutional Review Board 101; The Catholic University of Korea Seoul St. Mary's Hospital Institutional Review Board 222; Tufts Medical Center/Tufts University Health Sciences Institutional Review Board; University of Kansas Medical Center Institutional Review Board; University of Pennsylvania Office of Regulatory Affairs; University of Southern California Health Sciences Institutional Review Board; University of Texas Medical Branch Institutional Review

Board; Vanderbilt University Institutional Review Board, Wake Forest University Health Sciences Institutional Review Board; and Western Institutional Review Board. All patients were required to confirm their willingness to participate in this study as approved by the institutional review boards or independent ethics committees at each participating study site before any study-specific screening procedures were performed. All patients provided written informed consent for participation in this study as approved by the Institutional Review Board/Research Ethics Board/Independent Ethics Committee before any study-specific screening procedures were performed.

Patients were also required to grant permission to use protected health information per the Health Insurance Portability and Accountability Act. In addition, patients were required to consent to and sign all approved amendments per the site institutional review board or independent ethics committee guidelines during the course of the study.

The study was conducted in accordance with the Declaration of Helsinki and International Conference on Harmonisation Guidelines for Good Clinical Practice.

#### **Consent for publication**

Not applicable.

#### **Competing interests**

D-YO: consulting/advisory role with AstraZeneca, Novartis, Genentech/ Roche, Merck Serono, Bayer, Taiho, ASLAN, Halozyme, Zymeworks, Bristol Myers Squibb/Celgene, BeiGene, Basilea, and Turning Point Therapeutics; and research funding from AstraZeneca, Novartis, Array BioPharma, Eli Lilly, Servier, BeiGene, Merck Sharp & Dohme, and Handok; MAM: consulting/ advisory role with Merck Sharp & Dohme, Bristol Myers Squibb, Eli Lilly, and Servier; and travel accommodations from Eli Lilly; DIQ: honoraria from and consulting/advisory role with Astellas, Bristol Myers Squibb, Bayer, Pfizer, Merck, EMD Serono, Genentech/Roche, and Seagen; and employment with AbbVie; PJO: consulting/advisory role with Genentech and Array BioPharma; research funding from Pfizer, Genentech, Bristol Myers Squibb, AstraZeneca, GlaxoSmithKline, Five Prime Therapeutics, Forty Seven, Merck, Syndax, bbibiotech GmbH, Novartis, Celgene, Incyte, Eli Lilly/ImClone, Array BioPharma, H3 Biomedicine, Taiho, Minneamrita, Pharmacyclics LLC, an AbbVie Company, and Mirati; and expert testimony for Bayer and Eli Lilly; IC: honoraria from Eli Lilly and Eisai; consulting/advisory role with Eli Lilly, Bristol Myers Squibb, Merck Sharp & Dohme, Bayer, Roche, Merck-Serono, Five Prime Therapeutics, AstraZeneca, OncXerna, Pierre Fabre, Boehringer Ingelheim, Incyte, and Astellas; and institutional research funding from Eli Lilly, Sanofi Oncology, and Cilag-Janssen; SYK: institutional research funding from F. Hoffman-La Roche; ID: honoraria from Roche-Genentech, Merck Sharp & Dohme, Bristol Myers Squibb, Ipsen, AstraZeneca, and Eusa Pharma; consulting/advisory role with Roche-Genentech, Merck Sharp & Dohme, Bristol Myers Squibb, Novartis, Ipsen, AstraZeneca, Debiopharm, Seagen, and Pharmacyclics, LLC, an AbbVie Company; institutional research funding from Roche and AstraZeneca; and travel accommodations from Ipsen and AstraZeneca; DC: honoraria from and consulting/advisory role with Astellas, Janssen, Roche, Merck, Ipsen, Exelixis, Pfizer, Bristol Myers Squibb, Eisai, and AstraZeneca; JB: consulting/advisory role with Ipsen, Bayer, QED, Eisai, Seagen, Mirati, Clovis, Insmed, and EMD Serono; institutional research funding from AbbVie, Bristol Myers Squibb, Boston Biomedical, I-Mab, Dragonfly, Symphogen, Immunomedics, Eli Lilly, Bayer (Loxo), EMD Serono, Incyte, Karyopharm, Pfizer, Astellas, and Atreca; travel accommodations from EMD Serono and Seagen; and other relationship (data and safety monitoring board) with Novocure, Karyopharm, and Pancreatic Cancer Action Network; BM: research funding from Roche, Bayer, and Janssen; speakers bureau with Roche, Sanofi, Janssen, Astellas, Pfizer, Novartis, Bristol Myers Squibb, and Ipsen; and travel accommodations and expenses from Pfizer and Janssen; SKW: stock or other ownership in Horizon Therapeutics, Merus, and lovance Biotherapeutics; and institutional research funding from Daiichi Sankyo, Bayer Health, Acceleron Pharma, Sotio, Rogosin Institute, Pharmacyclics LLC, an AbbVie Company, Merck Serono, EMD Serono, Sanofi, Novartis, Nektar, Seagen, Astellas Pharma, Aleon Pharma, Bristol Myers Squibb, and Regeneron; K-WL: honoraria from Bristol Myers Squibb, Eli Lilly, and Genexine; consulting/ advisory role with ISU ABXIS, Bayer, Bristol Myers Squibb, and Daiichi Sankyo; and institutional research funding from Ono Pharmaceutical, Merck Sharp & Dohme, AstraZeneca/MedImmune, Merck KGaA, Pfizer, MacroGenics, Green Cross, ABL Bio, Y-Biologics, Daiichi Sankyo, Taiho Pharmaceutical, Five Prime Therapeutics, Oncologie, Pharmacyclics, LLC, an AbbVie Company, LSK.

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